# SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

2016-21



# INSTITUTIONAL DISTINCTIVENESS



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7.3.1 Portray the performance of the Institution in one area distinctive to its priority and thrust with 1000 words. (Relevant Information)

## Sophia Girls' College (Autonomous), Ajmer Institutional Distinctiveness

In a land where women still struggle to access education, Sophia Girls' College (Autonomous), Ajmer has stood firm on the sands of time to fulfil its founding vision of spreading education and empowering the women of tomorrow. Sophia breeds confidence, gives hope to dreams and instils courage to fight the odds in order to achieve the desired goals. Our curriculum enables the students to be curious, innovative and capable of facing the challenges of the outside world. The academic programs at both UG and PG level has been designed to cater to the current career avenues. NCC and NSS inculcate the zeal to give back to the Society. The outreach activities open new vistas of environmental concern and sociopolitical consciousness. The success of our effort is proven by the love and gratitude often expressed by the protégés of this prestigious institution. As beacons of hope, grit and gumption, our Alumni have made their presence felt in all spheres of life and their success stories fill us with joy and pride.

The following are some of the platforms through which the students are enabled to acquire holistic development and excel in their future.

#### The Women's Development Cell (W.D.C.)

This forum aims at sensitizing young girls on issues related to women; it empowers them by making them aware about their rights and potential.









#### Sophia Students' Association

All students are members of the Sophia Students Association. The Sophia Students Council consists of the Deputy Head Girls and Class Representatives who are nominated by the students. The members of the Sophia Students' Council develop qualities of leadership and the ability to work as a team.



**Class Representatives** 



**Head Girls** 

#### Mentor Mentee System

The institution has a very unique Group Teacher System in order to build a healthy rapport with the students. Each group teacher has the special charge of about 30 students whom she meets once a week in an informal way to discuss their problems or areas of interest. A definite value education syllabus drawn by the senior teachers for all the faculties enables the inculcation of values in the students.





#### Personality Development and Value Education

The college has a Personality Development Cell which provides opportunities for holistic development of students, fosters skills for interpersonal relationships, improves communication, builds confidence and inculcates eternal values.







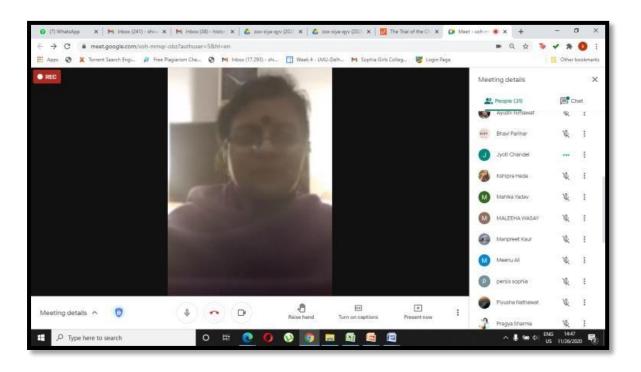


#### Speakers' Forum

The Forum holds meetings once a week where students who are interested in discussing issues of human interest can participate freely. It helps students to think, analyze and speak their thoughts loud and clear.



**Talk on Indian Constitution** 



#### **Online Debate**

#### Career Guidance and Counselling Cell

This cell of the College is a vibrant body which works for the wholesome development of the students. The students are provided with guidance to explore their career options as well as to effectively plan their career. Workshops and Seminars are held in order to develop the interests and aptitudes of the students.









#### Placement Assistance Cell

The college has Placement Cell wherein students are provided counselling and guidance services to explore and efficiently plan their career. Workshops and seminars are held to help students decide a career path according to their interests, aptitude and ability. The cell also provides placement services to the students by organizing campus interviews.



**Group Decision** 



Talk on Job Interviews



**Seminar** 



**Talk on Job Opportunities** 

#### Health Club

Our institution provides a healthy environment which supports healthy living. Health Club strives to conduct activities which influence the habits, attitude and knowledge regarding general health & modify the behaviour of students, teachers and other staff members towards the attainment of optimum health.

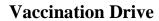




**Free Blood Test** 

Free Sugar Test







Free COVID -19 Test

#### Innovations- The Entrepreneurs' Club

The club laid its foundation in 2017 to keep pace with the changing time, to help Sophians' become job givers instead of job seekers in the future. It aids students from all socio-economic backgrounds to think outside the box and nurture unconventional talents and skills.



**Inaguration of Entrepreneur Fair** 



**Bookmarks** 



**Paintings** 



**Food Court** 

#### National Social Service Scheme (N.S.S.)

The National Service Scheme aims at creating awareness among the students about society and also to inculcate in them a humanitarian attitude towards their less fortunate brethren.



राष्ट्रीय सेवा योजना सर्भिय क्या प्रक्रिय क्या प्रक्रिय क्या प्रक्रिय विश्व मिला में विश्व मानवाधिकार दिवस १० दिसबर

Teaching poor kids



**Human Rights Day** 



**Human Rights Day Ralley** 



Camp in Slum Area

**NSS Camp** 



**Blood Donation Camp** 

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#### National Cadet Corps (N.C.C.)

National Cadet Corps (N.C.C.) develops qualities of courage, comradeship, discipline, leadership, a secular outlook, a spirit of adventure, sportsmanship and selfless service among youth.



**Republic Day with NCC Cadets** 





**Avantika R.** marching on the Republic Day Parade



Training Rajpath in the

#### Skill Enhancement Courses

These courses offer a futuristic approach, preparing the students for various industries and job market. Sophia Girls' College believes in the overall development of the students by imparting them with much needed skills in Basic SPSS, Personality Development, Dyeing and printing, Photography, Soft Skills, Alternative Medicines and Home Remedies, Tally etc,.



TALK ON

PROPARTY DEVELOPMENT

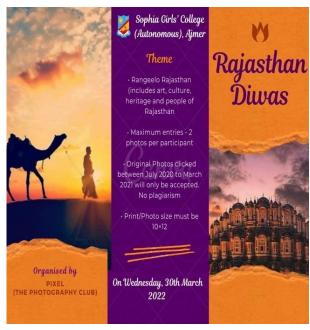
BY:

Dr. LEENA UPADHAYA

**Dyeing and Printing** 

**Personality Development** 





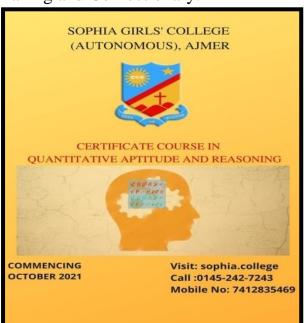
**Tally** 

**Photography** 

#### **Vocational Certificate Courses**

In the present world, due to massive competition students need job oriented courses to sustain them. The institution offers a wide variety of these courses which provides the students a platform to explore. Some of the Vocational Certificate Courses provided by the Institution are: Communicative English,

Functional Hindi, Management of Domestic Gadgets and appliances, Quantitative Aptitude and Reasoning, Animation Designing, Business Communication Skills, Baking and Confectionary.









#### **International Certification Courses**

In this globalized world of competition and performance, the companies in the process of hiring new employee's gives preference to candidates who are certified Professionals. Certification Courses help an individual to showcase their competencies, commitment for the profession, build expertise in their professional subject area, and help with their job advancement. In keeping with the times, Sophia Girls' College, Ajmer offers the following certifications that the students can complete along with their regular degree course-

- Data Analytics
- US -CMA
- Digital Marketing
- Business Analytics
- ACCA-UK
- DELF( Diploma in French Language Studies)







#### Life Skill Education Courses

Learning about health and well being ensures that the students develop the knowledge and understanding needed for their mental, physical and emotional growth. These courses bring about an overall change in the personality of the students. These courses help the body to relax and appease the mind. They bring positivity among the students and also augment the concentration among them. Some of these Courses are: Basic Yoga, Basic Swimming Techniques, Aerobics, and Gym fitness, Games and Sports and Self Defence.







**Basic Swimming** 



Gym



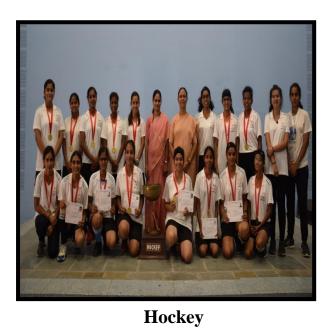
Kabaddi



Aerobics



**Self Defence** 



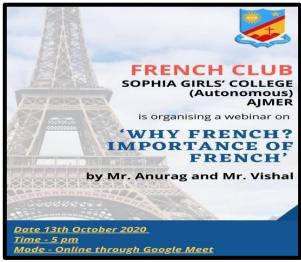


Volleyball

#### Diploma Courses

In today's fast moving world, diploma courses offer a more practical insight into the subject, strengthen the profile and broaden the skills and personality of an individual. The Institution offers various diploma courses keeping in mind the need and demand of the outer world. Sophia Girls' College, Ajmer offers the following diploma courses that the students can complete along with their regular degree course-Journalism, Yoga, French, Dyeing and printing, Interior designing, Sustainable development, Geographical Information System(GIS) and Graphic designing.





French

Journalism







**English Bridge Course** 

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#### College Assembly

Morning assembly is an integral part of Sophia Girls' College's schedules which include prayers, information of latest happenings, inspiring thoughts, speech, news, the thought of the day, acknowledgment of achievers and address by the Principal who inspire the students with life teachings that facilitate mental and spiritual development. During the assembly, all the students of the College stand at the same place, as a part of an institution regardless of their culture, religion, etc. and a feeling of unity is aroused by this act. This feeling of unity stays forever in the student's mind and it leads to a happy society.





#### Family Life Education

Sophia Girls' College, Ajmer provides Family Life Education to final year students to help them in developing their physical, social, emotional and moral character in relation to the socio cultural aspects of the society. It helps the students in learning how to deal with physical, emotional and social changes faced in the process of growing up and the knowledge about different roles, function and maintenance of family. It also enables the students to develop the knowledge, values and the skills, which are necessary for adulthood, marriage and parenthood as well as for participation in community life.









Dr. Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

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