



CURRICULUM VITAE

Mrs. Ruchi Mathur



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EDUCATIONAL QUALIFICATION

S.NO	NAME OF THE DEGREE	YEAR
1.	PG M.Sc Foods And Nutrition	2001
2.	SLET Home Science	2001
3.	Ph. D Pursuing	2015
4.	B.Ed	2013
5.	RS-CIT	2018

TEACHING EXPERIENCE: U.G - 16 years

CURRENT STATUS / POSITIONS / RESPONSIBILITIES HELD:

S.No.	CONTRIBUTION IN COLLEGE ACTIVITIES / COMMITTEES/ACADEMIA
1.	Assistant Professor and Head Department Of Home Science
2.	Member, Academic Council
3.	Convenor, Board Of studies
4.	Member, Board of Studies of Department Of Physical Education
5.	Member, Placement Cell
6.	Member, Women Development Cell
7.	Member, Hospitality Committee
8.	Co-ordinator, Cell for Social & Environmental Concern
9.	Program Officer, NSS
10.	Member, Aashiya Club Of Home Science Association
11.	Co-ordinator of Value Added and Add-on Courses of the Department
12.	Group Teacher Of B.A Part III (Mentor- Mentee)
13.	BOS Member Maharaja Sahaji Rao Brij University, Bharatpur

RESEARCH EXPERIENCE: 8 Years

RESEARCH PUBLICATIONS

S.No.	Year	Title of the Paper/Chapter/Book	National/International	Name of the Journal/Book/ Peer Reviewed Journal / Non- Peer Reviewed Journal /E- Journal
1.	2019	Nutrition, Dietary Habits and Exercise: Impact on	National	Published in the conference Proceeding, ISBN:978-81-931748-9-0

		Adolescent Health		
2.	2018	Emerging Platforms for Empowering Women of Riral Rajasthan: Skill Based Programs	National	Published in Conference Proceeding
3.	2013	Women Entrepreneurship in the Fashion Industry	National	Published in Conference Proceeding

SEMINARS/ CONFERENCES/ WORKSHOPS – ORGANISED

S.No.	YEAR	TITLE	NATIONAL/ INTERNATIONAL
1	2013	Workshop on “Empowering women in changing scenario”	National (organising member)
2	2020	Webinar on “Food and Well Being: Challenges of the 21st Century(A Fit Body, A Calm Mind, A House Full of Love) .	International (Organising Secretary)

SEMINARS/ CONFERENCES - PAPER PRESENTED

S.No.	Year	Title	National/ International
1.	2020	Nutritional And Dietary Management for Patients suffering from HIV	International
2.	2019	“ To Analyse Chemical Constituent of Wheat with Special Reference to Nutritive Value”	National
3.	2018	“Impact Of Nutritional Awareness among Adolescent Girls Using ICT”	National

SEMINARS/ CONFERENCES/ WORKSHOPS –ATTENDED

S.No.	Year	Title	National/ International
1.	2020	7- Day FDP on Institutional Benchmarking of Best Practices	National
2.	2020	FDP on How to write effective Case Study?	International

3.	2020	Virtual FDP on “ Role of Teachers in Quality Enhancement And Accreditation”	National
4.	2020	Online Interactive Lecture Series on COVID-19 : PAN(ACA)DEMIC” A Multi-disciplinary approach to coronavirus”	National
5.	2020	Webinar on “Tax planning For Salaried Employees”	National
6.	2020	Webinar on “English for digital fluency in Post Pandemic Era”	National
7.	2020	Webinar on Taming the Dragon: A holistic Review of Indo China Ties.	National
8.	2020	Workshop on Revised Assessment And Accreditation Framework For higher Education Institutions in India	National
9.	2020	FDP on Writig Interdisciplinary Research Projects	National
10.	2020	Conference on New Dimensions in Commerce And Management Practices 2030	International
11.	2019	Conference on Gandhi: The Eternal Truth Relevance For Future Generations	International
12.	2019	UGC sponsored Refresher Course on Human Rights And Women Empowerment	National
13.	2019	Seminar on e- Learning and MOOCs in Higher Education	National
14.	2019	Workshop on Awareness of Intellectual Property rights and Training program	National
15.	2019	Workshop On IOT ignite	National
16.	2019	Workshop on Quantitative Tecniques and Data Analysis	National
17.	2019	Workshop on “Real Life application of Machine Learning and Image Processing using Matlab”	International
18.	2019	FDP on Life skills Education	National
19.	2018	Conference on “Diaspora, multiculturalism and quest for identity”	International
20.	2018	Conference on “Gandhi in Post Liberalization India”	National
21.	2018	Faculty Knowledge Sharing Programme on “Innovative Approaches for Teaching and Evaluation”	National
22.	2015	Workshop on “Excellence through Good Governance in Higher Education”	National
23.	2014	Workshop on “Micronutrients and Child Health”	International
24.	2014	Workshop on SPSS	National
25.	2013	Conference on “Sensitisation of values through Literature”	National
26.	2013	Seminar of “World Environmental Day”	National
27.	2013	UGC sponsored special summer school on “research techniques”	National

28.	2012	Workshop on “soft skills”	National
29.	2011	State Level workshop on “Soft Skills”	National
30.	2011	Seminar on “Value Based Education in National Context”	National
31.	2010	Workshop on “How to write a Ph.D. thesis”	National
32.	2010	Conference on “Multidisciplinary Approaches to Diabetes Research & Health	International
33.	2000	Conference of The Indian Dietetic Association	National
34.	1999	Seminar on Micronutrients in Human Health-Recent Advances	National