



**SOPHIA GIRLS' COLLEGE, (AUTONOMOUS)**

**AJMER**



**Department of Physical Education**

**3<sup>rd</sup> Board of Studies Meeting - Minutes**

**(2020-21)**



## Minutes of Board of Studies Meeting

The 3<sup>rd</sup> Board of Studies meeting was conducted on 3<sup>rd</sup> June 2020 through Google meet.

Members present in the meeting

S. No.	Name	Designation	Position
1	Dr. Asha Nair	Director of Physical Education, Govt. College Arai, Ajmer	VC Nominee
2	Dr. M.K. Singh	Vice Principal & Head Dept. of Physical Education, D.A.V. College, Ajmer	Academic Council Nominee (Subject Expert)
3	Dr. Atul Dubey	Assistant Professor, Dept. of Physical Education, R.I.E. College, Ajmer	Academic Council Nominee (Subject Expert)
4	Mr. Shekhar Khandelwal	C.E.O. I play Sports Pvt. Ltd. Jaipur	Academic Council Nominee (Industry)
5	Ms. Kumud Khatri	Faculty, Dept. of Economics	Principal Nominee (Alumni)
6	Ms. Twinkle Kansal	Student, Physical Education	Principal Nominee (Current Student)
7	Mrs. Shahina Sherani	Head, Dept. of Physical Education	Convener
8	Mrs. Ruchi Mathur	Head Dept. of Home Science and Faculty, Dept. of Physical Education	Member

Agenda:-

1. To read and approve the Minutes and Action Taken Report of the previous meeting.
2. In the wake of COVID 19 Pandemic to consider and approve the syllabi of B.A. Physical Education (U.G Sem. I to VI) 2018-19, 2019-20 & 2020-21.
3. To consider and approve the Hindi translation of syllabi (Sem. I to VI) 2020-21.
4. To discuss the strategy to conduct Online Exam for both the Internal as well as External Practical End Semester Examination for U.G Program, 2019.
5. To apprise the members about the theory and practical examiners.
6. To consider and incorporate Add On Courses from Swayam /MOOCs /NPTEL /Govt. Portal in the curriculum.
7. To apprise the members about the successful E-Learning classes conducted and development of E-Content.
8. To apprise about the members course offered with bearing to employability, Entrepreneurship and Skill Development.



9. To notify about the feedback analysis (Infrastructural Facilities /curriculum design/ teaching pedagogy / employability) by the stakeholders.
10. To apprise about the Major departmental achievements and events.
11. Any other matter with the permission of the Chair.

#### Minutes:-

The Head, Department of Physical Education formally welcomed and introduced all the members to the 3<sup>rd</sup> Board of Studies meeting, after that the Agenda were discussed one by one.

1. The convener read Minutes and Action taken Report of the previous BOS meeting.
2. Ms. Shahina Sherani proposed the minutes and ATR, which was seconded by Dr. Asha Nair and passed unanimously by the Board Members.
3. The convener presented the B.A. Physical Education syllabi with Hindi translation.
4. In Unit -I of paper 501, semester - V, Dr. M.K.Singh suggested to add nature and scope of rehabilitation and Hematoma and fracture as injuries.
5. In unit II, Dr. Atul Dubey suggested to add cryotherapy and TENS (Transcutaneous Electrical Nerve Simulation)
6. In Unit III, Dr.M.K. Singh suggested massage manipulation instead of therapy, and to add Tapotament, Vibration and Friction manipulation.
7. In paper 502(A) Sports Training, of semester - V the B.O.S. members suggested to add motor component in unit II, and they also advised to mention specific development methods.
8. In paper 502(B) Physical Fitness and Wellness, of semester - V the B.O.S. members suggested to add Factors effecting and affecting wellness in unit - II.
9. In unit I of paper 602 (A), semester - VI, Dr. Asha Nair suggested to add standard in coaching and officiating.
10. In unit II of paper 602 (B) Sports journalism, semester - VI, the B.O.S. members proposed to add Sports organization ( National Games & Khelo India Games)
11. To make the syllabus relevant in the present situation of **COVID-19** the B.O.S. members suggested to add **Role of physical education in boosting immunity and fighting with pandemic situation** in the syllabus.



12. The Board Members approved and passed the syllabi.
13. The strategy for online internal and external practical examination was also discussed with the B.O.S. members and approval was also taken from them.
14. The B.O.S. members approved the names of examiners (theory + practical) proposed by the convener.
15. Ms. Ruchi Mathur apprised the members about the successful E-Learning classes conducted and development of E -Content. The Board Members appreciated that.
16. The B.O.S. members were also apprised about the employability/Skill development /Entrepreneurial courses offered by the department, the members discussed about these papers in details.

**Courses offered with bearing to Employability, Entrepreneurship and Skill Development are:**

S.No.	Name of the Course	Activities/Content with direct bearing on Employability, Entrepreneurship and Skill Development
1	PED – 201 – Health Education, Hygiene and Yoga	Skill Development
2	PED- 302 – Sports Management	Employability and Entrepreneurship
3	PED- 502 (A) - Sports Training	Employability , Entrepreneurship and Skill Development
4	PED- 602 (B) – Sports Journalism	Employability and Skill Development

17. Departmental and Sports activities were discussed;

- Dept. of Physical Education organized Inter- Collegiate Chess, Taekwondo and Cricket Tournaments of M.D.S. University.
- Students of Physical Education participated at State, National and Inter –University level in various games.

Members appreciated the activities done by the Department.

18. In the last the board member Ms. Ruchi Mathur, Head Dept. of Home Science thanked all the B.O.S. members for their valuable suggestion and ended up with the online meeting.

  
Convener

Shahina Sherani  
**Head**  
**Department of Physical Education**  
**Sophia Girls' College.**  
**(Autonomous), Ajmer.**





(Dr. S. Pearl)  
**PRINCIPAL**  
**SOPHIA GIRLS' COLLEGE**  
**(AUTONOMOUS)**  
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