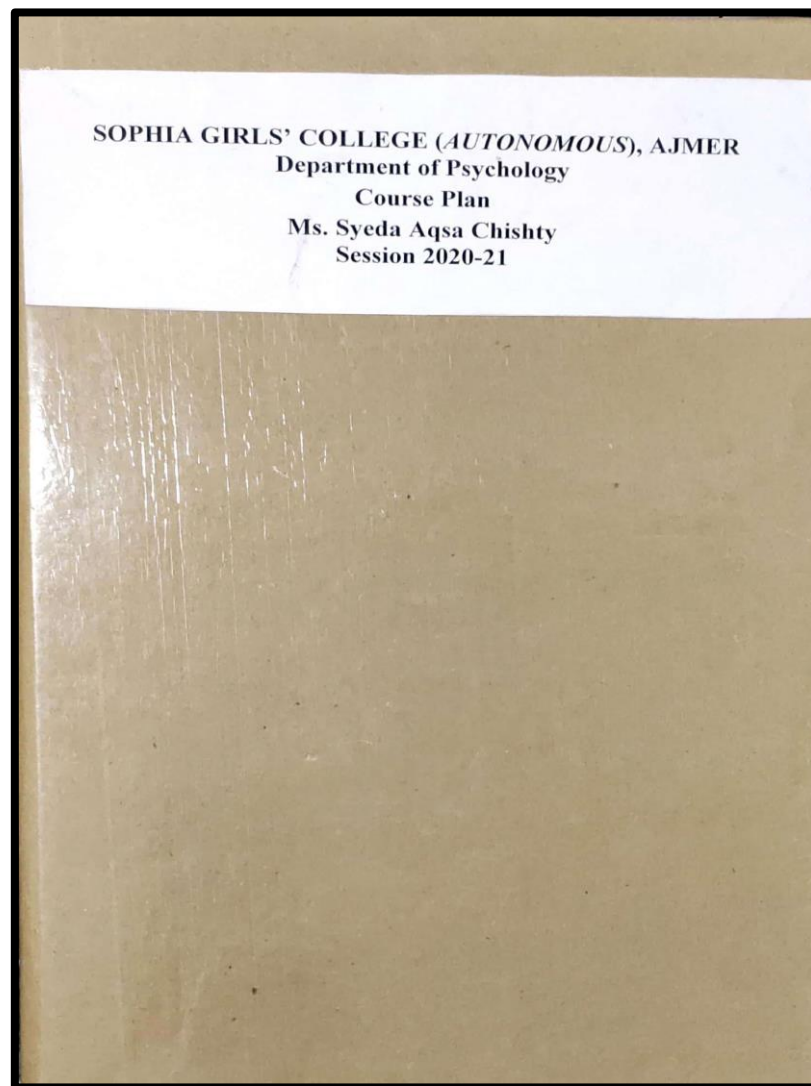




SOPHIA GIRLS' COLLEGE(AUTONOMOUS), AJMER



COURSE_PLAN_2020-21_MS_SYEDA_AQSA_CHISTY



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
COURSE PLAN

Session 2020-21

Department of Psychology

Ms. Syeda Aqsa Chishty

ODD SEMESTER

B.A I (SEMESTER I)

SOCIAL PSYCHOLOGY-I (PAPER II) (PSY-102)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM I Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I					<u>Knowledge Based</u> -What is Biological approach to Social Psychology? -Explain social influence processes?	Knowledge--60 Understanding-30 Higher Order-10
NOV- DEC	UNIT II Prejudices-Nature, Components, Acquisition and Reduction of Prejudices	Mental schemas and stereotypes	Self analysis through activity and Case study with respect to Indian setting and e- content	To evaluate social phenomenon: - Stereotypes, Prejudice, Attribution and Interpersonal Attraction	<u>Understanding Based</u> -Compare prejudices and stereotypes. -Discuss the steps of impression formation	
	Stereotypes. Attribution of causality – Theories and Biases.	Concept of causality	Discussion of Case studies with respect to Indian setting		<u>Higher Order Thinking Skills Based</u> -Recommend ways to reduce prejudices in	
	Interpersonal attractions and its determinants	Nature and the concept of human/ social relationship	Flow chart, self analysis through activity and PPT			



JAN	UNIT III Group: Definition and Functions.	The concept of nature and formation of social groups social groups	PPT and group discussions	To compare different types of social influence.	India. -Critically evaluate the concepts of Social Influence.	
	Behaviour in the presence of others: Social facilitation, Social inhibition, Social loafing, De-individuation	The nature of behaviour in the presence of others	PPT, Self Analysis through activity and analysis of previous studies			
	Social Influence: Conformity (The Sheriff and the Asch Study), cohesiveness, group size, Social norms, obedience and social modeling.	The concept of social influence	PPT, Case Studies and explanation through previous studies			

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
Department of Psychology
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 103)

B.A I (SEMESTER I)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)
 Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I NOV- JAN	1. Anxiety Test 2. Self esteem Test 3. A Sociometric measure 4. Level of Aspiration 5. Parent child relationship Scale 6. Any one activity/ assignment in consultation with teacher	Basics of Psychology practical and report writing Difference between Psychological tests and experiments	Replication of Psychological experiments. Administration of Psychological tests Group activities and discussion	To provide hands on training for the administration of psychological tests and conduction of psychological experiments	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Report writing of Psychological tests and experiments <u>Higher Order Thinking Skills Based</u> - Interpret the results acquired by the administration of psychological test. - Discuss the results achieved by the conduction of Psychological experiment?	Knowledge-60 Understanding-30 Higher Order-10



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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

Department of Psychology

PSYCHOLOGICAL ASSESSMENT (PAPER II) (PSY-302)

B.A II (SEMESTER III)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM III Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III					<p><u>Questions</u> <u>Knowledge Based</u> -Define scorer reliability. -Explain the different types of validity.</p> <p><u>Understanding Based</u> -Examine non- verbal tests. - Differentiate between speed and power tests.</p> <p><u>Higher Order Thinking Skills Based</u> -Elaborate the use of tests in occupational settings.</p> <p>-Assess the factors affecting the reliability and validity of a test.</p>	<p>Knowledge--50 Understanding-35 Higher Order-15</p>
NOV- DEC	UNIT III Application of Psychological Testing: Assessment in Educational Setup (Meaning with examples)	Use of tests in education sector.	PPT and group discussion	To inspect the application of Psychological testing in various settings.		
	Counseling and Guidance (Meaning with examples)	Use of tests in Counselling and Guidance.	PPT and group discussion			
	Organizational Setup (Meaning with examples)	Use of tests in organisational sector.	PPT and group discussion			



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

Department of Psychology ABNORMAL PSYCHOLOGY-I (PAPER I) (PSY- 501)

B.A III (SEMESTER V)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEMV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM V					<u>Knowledge Based</u>	
NOV- DEC	UNIT-III Anxiety Disorders – Generalized Anxiety Disorder, Panic disorder, Phobias, Obsessive Compulsive Anxiety disorder, Post- traumatic stress disorder (clinical symptoms and causes)	Understanding the concept of anxiety disorders	PPT, Case studies, role playing, videos and group discussions	To assess anxiety and mood disorders with the help of case studies	-Define normality. -Explain the different models of Psychopathology?	Knowledge--40 Understanding-35 Higher Order-25
	Mood Disorder – Unipolar Disorder: Dysthymia, Major Depressive Disorder. Bipolar Disorder: Bipolar I, Bipolar II and Cyclothymic disorder. (Understanding the concept of mood disorders	PPT, Case studies, role playing- e content and group discussions		<u>Understanding Based</u> -Examine Systematic Desensitization and Token Economy.	



	clinical symptoms and causes)				<ul style="list-style-type: none">- Differentiate between anxiety and depression. <p><u>Higher Order Thinking Skills Based</u></p> <ul style="list-style-type: none">-Design a treatment plan for treating OCD.-Assess the criticisms of classification system of psychological disorders.	
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EVEN SEMESTER
SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
Department of Psychology

B.A I (SEMESTER II)

SOCIAL PSYCHOLOGY-II (PAPER II) (PSY-202)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM II Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM II APRIL	UNIT I Attitude - Nature, Functions, Measurement, Formation & Change of attitude (Balance and cognitive dissonance theories). Theories of reasoned and planned behavior.	Social behaviour with respect to attitudes/ opinions	PPT, Videos and Self Analysis through activity	To explain the concepts of attitudes and prosocial behaviour.	<u>Knowledge Based</u> -What is pro social behaviour? -Illustrate the different barriers to communication?	Knowledge--60 Understanding-30 Higher Order-10
	Pro-social behavior - Theoretical explanation. Altruism and Helping behaviour	The concept of empathy	Match the following, Quiz, Demonstration		<u>Understanding Based</u> -Compare the different approaches to aggression. -Classify the barriers to communication.	
	Personal and Situational determinants and Bystander effects	Social behaviour in presence of others/ diffusion of responsibility	PPT and Flow Charts		<u>Higher Order Thinking Skills Based</u> -Assess the influence of environmental conditions on behaviour. -Critically evaluate	
MAY-JUNE	UNIT II Communication – Definition, Types, Process, Barriers of communication.	The importance of language and communication in social settings	Diagrams, Flow Chart and PPT	To assess the concepts		
	Aggression – Theoretical perspective:	Emotions and temperament	Diagrams, Models and PPT			



	Trait, Situational and Social learning approaches.			communication and aggression.	cognitive dissonance theory.	
	Personal and social determinants of aggression. Control and Prevention of aggression	The meaning of Positive psychology	Self analysis through experiment and PPT			
JULY	UNIT III Environmental Psychology: Introduction. Personal space and Territoriality, Crowding,	Applications of Psychology	PPT and group Discussion	To support (test) the theories of Environmental and Health Psychology.		
	Influence of environmental conditions on behaviour (noise and pollution). Intervention for environment management.	Psychological effect of adverse environmental conditions	PPT and Demonstration			
	Health Psychology: Introduction and Aims	Bio- Psycho- Social model and eclectic approach	PPT and group discussion			

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

Department of Psychology

RESEARCH METHODOLOGY (PAPER II) (PSY-402)

B.A II (SEMESTER IV)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM IV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
END OF MARCH- APRIL	UNIT I Characteristics of Scientific method and Research.	Importance of research in Psychology.	PPT and group discussion	To appraise Psychological Research.	Questions <u>Knowledge Based</u> -Define problem statement. -Explain the different types of variables? <u>Understanding Based</u> -Examine Questionnaire and survey methods. - Differentiate between probability and non probability sampling methods. <u>Higher Order Thinking Skills Based</u> -Design a Longitudinal and	Knowledge--50 Understanding-35 Higher Order-15
	Nature of psychological research; Quantitative and Qualitative.	Nature of research	Group discussion			
	Problem and Hypothesis in experiments. Variables (Meaning, Types and controls)	Concept of psychological research and experiments	PPT, videos and Flow Charts			
MAY-JUNE	UNIT II Tools of Data Collection – Observation, interview, questionnaire, survey, schedule.	Ways of collecting data	PPT and group discussion	To critique different types of Research.	Questionnaire and survey methods. - Differentiate between probability and non probability sampling methods. <u>Higher Order Thinking Skills Based</u> -Design a Longitudinal and	
	Types of Research: Applied, Fundamental, Quantitative, Qualitative,	Major ways of conducting a research	PPT, demonstration, Lecture and examples of previous studies			
	Experimental, Ex-post facto, Longitudinal, Cross sectional research	Major ways of conducting a research	PPT, demonstration, Lecture and examples of previous studies			



					Cross Sectional research.	
JULY	UNIT III Basic Principles of Experimental designs: Experimental designs: Pre – Post test design, Factorial design and randomized design and randomized block design.	Blueprint of a research	PPT and group discussion	To construct experimental designs used in Behavioural Sciences.	-Assess the different types of experimental designs.	
	Sampling – Meaning and Types (Probability & Non-probability sampling)	Selecting the subjects for a research	PPT and examples of previous studies			
	Sample size and Sample errors. Steps in report writing.	Documentation of research.	Videos and PPT			

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

Department of Psychology

ABNORMAL PSYCHOLOGY-II (PAPER I) (PSY- 601)

B.A III (SEMESTER VI)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEMVI Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI MARCH	Schizophrenia – Concept, Clinical picture, Types, Causes, Symptoms and Treatment.	Understanding the concept of Schizophrenia	Videos, group discussion and Case Studies	To illustrate Schizophrenia and Substance related disorders.	<u>Knowledge Based</u> -What is Autism? -Explain the different types of Schizophrenia.	Knowledge--40 Understanding-35 Higher Order-25
JULY	Disorders of Childhood: Attention Deficit Hyperactivity Disorder and Autism (Clinical symptoms and causes)	Understanding the concept of ADHD and Autism	PPT, Videos, group discussion and Case Studies	To distinguish among various Childhood Disorders.	<u>Understanding Based</u> -Examine Cluster B personality disorders. - Differentiate between Cluster A and Cluster C personality disorders. <u>Higher Order Thinking Skills Based</u> -Design a treatment plan for treating Schizophrenia. -Assess the different types of	



					personality disorders.	
JULY	Mental retardation: Concept, Types, Causes and Prevention.	Understanding the concept of Mental Retardation	PPT, Videos, group discussion and Case Studies			

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

Department of Psychology ORGANISATIONAL BEHAVIOUR-II (PAPER II) (PSY- 602)

B.A III (SEMESTER VI)
Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)
Credit: 03

COURSE PLAN

SEMVI Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI Last week of FEB - MARCH	Employee Training – Meaning, Importance, Methods and improving effectiveness of training.	Employee Training and skill development	PPT, group discussion and Case Studies	To explain the effect of employee training and leadership in an organization.	<u>Knowledge Based</u> -Define negotiation. -What are the reactions to job stress?	Knowledge--40 Understanding-35 Higher Order-25
APRIL	Leadership – Concept, Definitions, Trait, Behavioral and Contingency theories of leadership. Leader effectiveness.	Leadership and growth of a organisation	PPT, Videos, group discussion and Case Studies		<u>Understanding Based</u> -Examine the effectiveness of leadership with the help of examples. - Differentiate between the types of negotiation.	
MAY	Organizational change – Nature, Forces and approaches to change management, skills in managing change.	Organizational change and probability of success	PPT, Flowchart, group discussion and Case Studies	To identify the different approaches leading to organizational change and	<u>Higher Order Thinking Skills Based</u> -Explain organizational development intervention techniques with	



	Organizational development: Meaning and OD Intervention techniques.	Development and adaptation	Group discussion and Case Studies	development.	their advantages. -Discuss the strategies to manage of work stress.	
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SOPHIA GIRLS' COLLEGE, AJMER (*AUTONOMOUS*) PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 203)

B.A I (SEMESTER II)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

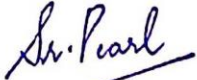
Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM II APRIL- JULY	1. Learning 2. Serial Positioning Effect 3. Projective Personality Test (WAT/SCT or any other) 4. Objective Personality Test (BFPI/EPQ or any other) 5. Intelligence Test 6. Any one activity/practical in consultation with teacher	Basics of Psychology practical and report writing Difference between Psychological tests and experiments	Replication of Psychological experiments Administration of Psychological tests Group activities and discussion	To provide expertise for the administration of verbal, non verbal and performance Intelligence tests and conduction of psychological experiment.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Report writing of Psychological tests and experiments <u>Higher Order Thinking Skills Based</u> - Interpret the results acquired by the administration of psychological test ? - Discuss the results achieved by the conduction of Psychological experiment?	Knowledge--60 Understanding-30 Higher Order-10



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SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
 PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 603)

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Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)
 Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI MARCH - JULY	1. Research Project: <ul style="list-style-type: none"> Take up a short project (individually or jointly) on the issue of their interest under the supervision of the teacher. The research done can be either empirical or data based. 	Concept of research methodology	Lecture and Discussion	To design and conduct a mini research.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Summarize the elements of the empirical research done. <u>Higher Order Thinking Skills Based</u> - Interpret the results acquired by the administration of research.	Knowledge-40 Understanding-35 Higher Order-25



	<ul style="list-style-type: none">Follow a methodological approach (experimental / survey / observation / use of secondary data). Write a report				<ul style="list-style-type: none">Discuss the limitations and applications of the research undertaken.-Viva Voce	
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