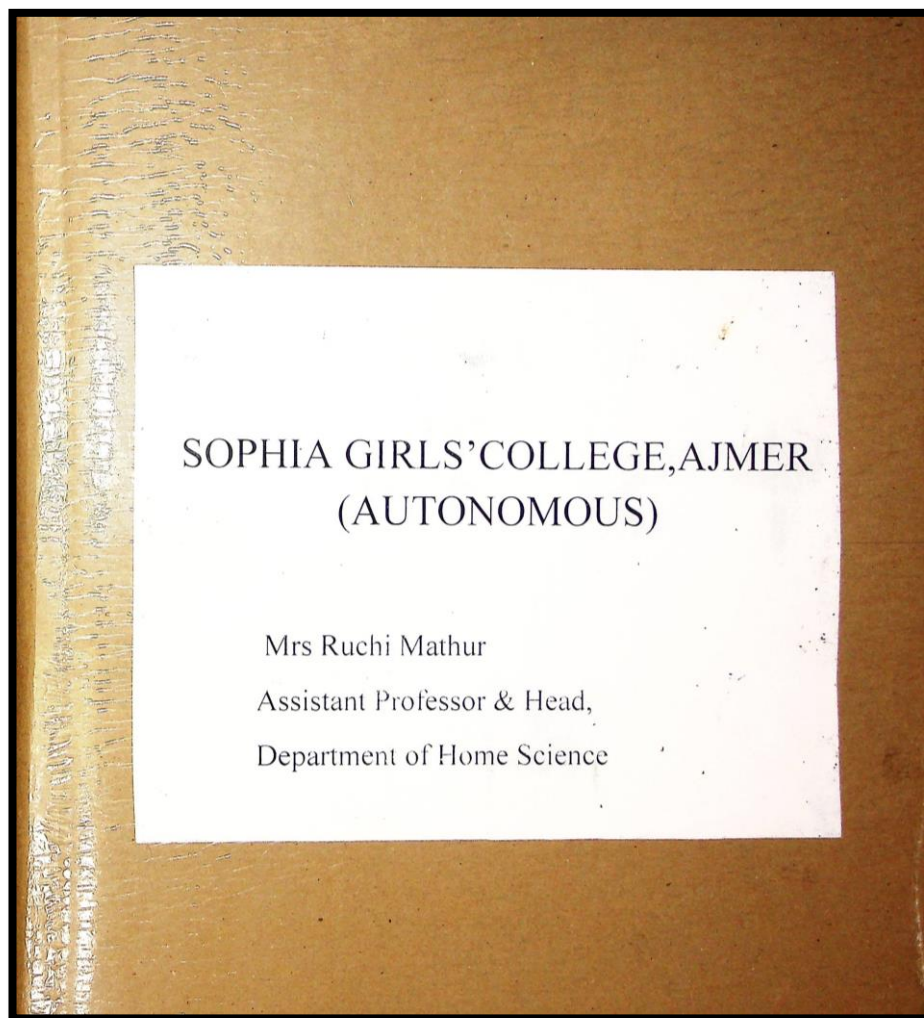




SOPHIA GIRLS' COLLEGE(AUTONOMOUS), AJMER





B.A II (SEMESTER III)

Extension Education And Communication (PAPER II) (H.Sc-302)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM/V Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
End Of JULY	1. Home Science Meaning and Definition Objectives and scope	Objectives and scope of Home Science	PPT, E- content, Teaching Aids	Evaluate the objectives and scope of Home Science	Define Home Science	Knowledge--40 Understanding-40 Higher Order-20
	Areas of Home Science Objectives and scope of each discipline	Areas of Home Science	PPT Presentation	Identify the areas of Home Science	What is the scope of Home Science Discuss the areas of Home Science?	
	2. Extension Education- Meaning and definition education , Extension and Extension Education	Meaning and definition education , Extension and Extension Education	PPT Presentation,	Analyze the meaning and definition education , Extension and Extension Education	Define Extension Education	

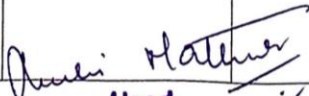



**LAST WEEK
OFAUGUST**

Types of Education	Forms of education		Identify the different types of education	What are the types of Education?	
Principles of Extension Education Elements of Extension Education Community Development: <ul style="list-style-type: none"> • Meaning and Definition of Community ,Development and Community Development. • Objectives and Principles of Community Development • Scope and Organizational set up of Community Development 	Principles of Extension Education To discuss the objectives and principles of community development.	PPT ,Discussion E-Content and PPT presentations Field Trips	Analyze the principles of Extension education Identify the scope and organizational set up of community development	What are the principles of Extension Education Explain the barriers in communication Define Communication Explain the types of communication	
. Communication- Meaning and definition Types Methods, Barriers and Problems in communication Importance and scope of communication in development.	Methods, Barriers and Problems in communication Importance and scope of communication in development	Ppt, Discussion, E-Content Teaching Aids	Identify the Methods, Barriers and Problems in	Give the elements of communication	



				communication Importance and scope of communication in development	
-OCTOBER to NOVEMBER	Communication Process- Concept and Importance in Communication Process. Elements of Communication Process and their characteristics	Concept and Importance of Communication Process.	Charts , Posters and Group Discussion	Analyze the various methods of communication	Explain the role of communication in development
	5. Media of Communication- Definition Classification. Types –(1) Non-Projected Aids- (a)Teaching type (b) Display type	. Media of Communication- Types –(1) Non-Projected Aids- (a)Teaching type (b) Display type	Charts , Posters and Group Discussion		
December	Projected-(a)Direct projection (b)Indirect projection (c) Reflected projection and Electronic Communication Aids Advantages and Limitations. Role and Selection	Communication Aids Advantages and Limitations. Role and Selection	Charts , Posters and Group Discussion		What are projected and Non Projected teaching Aids. Explain each one with its example


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B.A III (SEMESTER V)

HSC-502 Institutional Food Service Management –(DSE-A)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
July	Unit I Introduction to Food service institutions : <ol style="list-style-type: none"> Food Service Management: <ul style="list-style-type: none"> Definition and Meaning Principles and function Tools of Management Approaches to Management: <ul style="list-style-type: none"> Traditional Management, System approach, Total quality management 	<p>To explain the concept of food service management</p> <p>To discuss about the various approaches of management</p>	<p>PPT, E -Content</p> <p>Group discussions, PPT presentations</p>	<p>To develop the understanding of Food Service management</p> <p>To illustrate the various approaches to management</p>	<p>Knowledge Based -Define food service management Understanding Based Illustrate the principles of food service management Higher Order What are types of approaches to management</p>	<p>Knowledge--60 Understanding-30 Higher Order-10</p>



November	<p>Unit III</p> <p>5 Food Service Operations and food management</p> <ul style="list-style-type: none">• Menu planning• Food purchase• Service Management <p>Delivery and service of foods in different systems</p> <p>Quantity Food Production</p> <ul style="list-style-type: none">• Kitchen production• Quantity Food production• Food cost control	<p>To discuss the food service operations and food management</p> <p>To explain the quantity food production</p>	<p>PPT and development of E Content</p> <p>Group Discussions</p> <p>Assignments</p> <p>Project Reports</p>	<p>To illustrate the process of meal planning</p> <p>To analyze the quantity food production and food cost control</p>	<p>Knowledge Based</p> <p>-Define Meal Planning</p> <p>Understanding Based</p> <p>Illustrate the Delivery and service of foods in different systems</p> <p>Higher Order</p> <p>What is Quantity food production?</p>	<p>Knowledge--60</p> <p>Understanding-30</p> <p>Higher Order-10</p>
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SOPHIA GIRL'S COLLEGE, AJMER (AUTONOMOUS)
B.A I (SEMESTER I)
PHYSICAL EDUCATION- (PAPER I) (PED-102)

(Anatomy)


Max. Marks: 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int Credit: 03)

COURSE PLAN – 2022-23

SEM I Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weight age (%)
SEM I JULY - AUGUST	UNIT I 1. Meaning and concept of anatomy, need and importance of anatomy in Physical Education. 2. Definition of cell, structure of the cell and its various functions. 3. Tissues classification, structure and function of various types of tissues.	Basic introduction of anatomy in physical education	PPT, Lecture Group Discussion	To develop the knowledge of role of anatomy in physical education Physical Education	<u>Knowledge Based</u> -What is the role of anatomy in physical education? -What are tissues <u>Understanding Based</u> Define cell and explain its and	Knowle dge--60 Underst anding- 30 Higher



	Skeletal System 1. General structure of the bone, types of bones on the basis of structure and functions of the bones. 2. Structure of skull, humerus, femur, and scapula. 3. Joints: definition and classification, kinds of joints: Hinge, Pivot, Ball and Socket, Saddle and condyloid joint, Gliding joints	To Discuss about the structure and functions of cells and tissues of the body	Discussion PPT & assignments	To provide Knowledge o the structure and functions of the different cells and tissues of the body	functions in detail Classify tissues and explain each one in detail. Explain the structure and functions of joints <u>Higher Order Thinking Skills</u>	Order-10
SEPTEMBER R – OCTOBER	UNIT II 1. Basic knowledge of cardiovascular system. 2. Structure of the heart, mechanism of blood circulation. 3. Blood pressure and its measurement.	Basic knowledge of cardiovascular system	PPT & discussion	To explain the structure of heart and mechanism of blood circulation.	<u>Based</u> -Discuss the Various muscles of the body.	
	Muscular System Meaning and structure of various kinds of muscles and their functions. (i) Cardiac muscle (ii) Smooth muscle (iii) Skeletal muscle	Knowledge of structure and functions of muscles.	E- content , PPT, Discussion		Explain the	
NOVEMBER R- DECEMBER R-	UNIT III Respiratory System 1. Basic knowledge of respiratory system its component and structure. 2. Mechanism of respiration, external and Internal respiration.	Respiratory system its component and structure	Video & audio tutorials, Documentaries, Quizzes	To analyze the mechanism of internal and external respiration..	structure and functions of skin	
	Excretory System: 1. Structure of excretory system - Urinary system and Skin 2. Functions of kidney and skin.					

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**B.A II (SEMESTER IV)****Fundamentals of Foods and Nutrition
(PAPER II) (H.Sc 402)****Max. Marks : 75 (50Ext; 25 Int)****Min. Marks: 30(20 Ext;10 Int)****Credit: 03****COURSE PLAN**

Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM II January	UNIT I 1. Definition of terms – a. Food, Nutrition, Nutrients and Dietetics. b. Functions of food c. Classification based on functions, nutrients and perishability, d. Different methods of food preparation with their advantages and limitation, methods used to conserve and enhance the nutritive value of food	To explain the concept of foods and nutrition, methods of food preparation	PPT, Diagrams E content	To develop the understanding of the terms used in foods and nutrition	Knowledge Based -Define Nutrients and their importance Understanding Based Illustrate the methods of food preparation with their advantages and disadvantages Higher Order Explain the methods of enhancing and conserving the nutritive value of foods	Knowledge--60 Understanding-30 Higher Order-10



	<p>e. Methods of food preparation with their advantages and limitation,</p> <p>f. Methods used to conserve and enhance the nutritive value of food.</p>					
	<p>2. A brief knowledge of the composition, classification, functions, deficiencies, sources and requirements of the following macronutrients:¹</p> <p>a. Proteins</p> <p>b. Carbohydrates</p> <p>c. Fat</p>	<p>To give A brief knowledge of the composition, classification, functions, deficiencies, sources and requirements of the following macronutrients:¹</p>	<p>PPT, Discussion</p>	<p>To illustrate the importance of macronutrients in the body.</p>	<p>Knowledge Based What are the sources of proteins and carbohydrates in the diet?</p> <p>Understanding Based What are the functions of carbohydrates?</p>	<p>Knowledge--60 Understanding-30 Higher Order-10</p>
February	<p>a. Water</p> <p>b. Dietary fibre ¹</p>	<p>To explain the composition and functions of water and fibre in the diet</p>	<p>Diagrams, ICT</p>		<p>Higher Order Give the classification, sources, functions of fats.</p>	

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March & April	Unit - III	To illustrate the importance of micronutrients in the diet	PPT presentation s and E Content	To explain the importance , functions and deficiency of micronutrient s in the diet.	Knowledge Based Define fat soluble vitamins and give their importance. Understanding Based What are the diseases caused due deficiency of Iron ? Higher Order Give the nutritional importance, functions, deficiencies, sources and requirements of calcium in the body.
Unit III	3. A brief knowledge and the nutritional importance, functions, deficiencies, sources and requirements of the following micronutrients: a. Fat Soluble vitamins – A,D,E and K b. Water Soluble vitamins – Vit. C, Thiamine, Riboflavin, Niacin, Folic Acid and vit.B6 Vit. B12 c. Minerals – Calcium, Phosphorous, Iron, Iodine				

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B.A III (SEMESTER VI)

HSC-602 Institutional Food Service Management – II(DSE-A)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

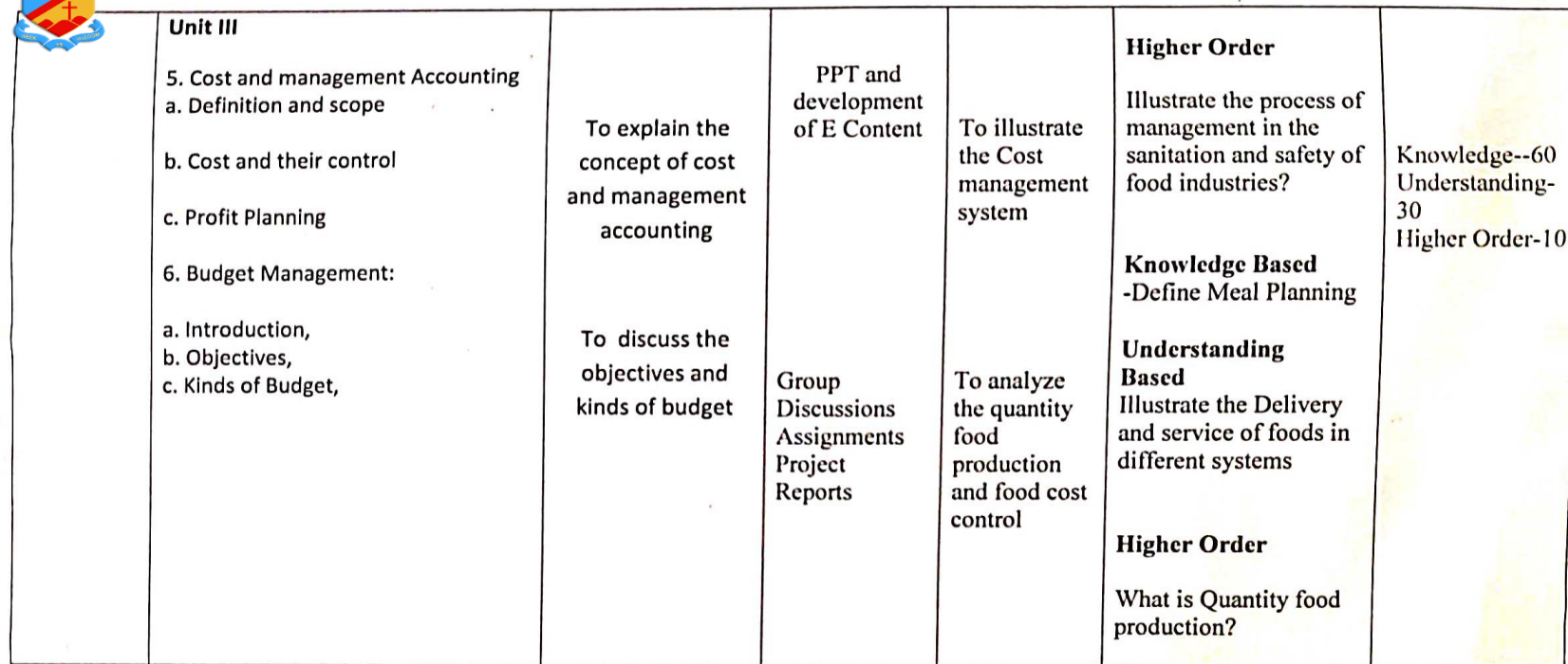
COURSE PLAN

Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
January	Unit I 1. Introduction of Human Resource: a. Human Resource- Concept, meaning and definition. b. Importance of HR in Food Service Institutions. c. Approaches to managing HRs in Food sectors. d. Emerging role of HR manager in Food Service Institutions. 2. Human Resources Planning: a. Human Resource planning- meaning, process, factors and need for HRs planning	To explain the concept of Human Resource In food service institutions To discuss about the role of HR manager in food service institutions and the factors for HR planning	PPT, E -Content Group discussions, PPT presentations	To develop the understanding of Human Resource in Food Service management To illustrate the planning meaning and need for HR planning	Knowledge Based -Define Human Resource Understanding Based Illustrate the Importance of HR in food service management Higher Order What are the factors to be considered in HR planning	Knowledge--60 Understanding-30 Higher Order-10



<p>February</p>	<p>Unit II</p> <p>3 Introduction of Marketing: a. Definition of Marketing, b. Customer Orientation, c. Core concept of Marketing, d. Marketing Management- definitions and meaning e. Introduction to 4 P's of Marketing</p> <p>4 Introduction to Organizational Behavior: a. Definition, b. Need and importance of organizational behavior, c. Nature d. Leadership: Meaning, Importance, e. Leadership styles: Types</p>	<p>To explain the concept of marketing customer orientation and</p> <p>To explain the concept of Organizational Behaviour</p>	<p>PPT, E-Content , Online videos</p> <p>PPT, E-content Demonstration</p>	<p>To illustrate the Core concept of marketing</p> <p>To analyze meaning and importance of leadership in food service management</p>	<p>Knowledge Based -Define Marketing</p> <p>Understanding Based Illustrate the Need and Importance of Organizational Behaviour</p> <p>Higher Order What are the types of leadership? Illustrate the qualities of a good leader</p> <p>Knowledge Based What are the types of organizations?</p> <p>Understanding Based Illustrate the factors affecting cost control</p>	<p>Knowledge--60 Understanding-30 Higher Order-10</p>
<p>March</p>		<p>To discuss the meaning and importance of leadership.</p>				

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