



SOPHIA GIRLS' COLLEGE(AUTONOMOUS), AJMER

SOPHIA GIRLS COLLEGE (*AUTONOMOUS*) AJMER
Department of psychology
Course Plan
Mrs. Asha Sharma
Session from 2018-2019 onwards



SOPHIA GIRLS' COLLEGE, AJMER (*AUTONOMOUS*)

COURSE PLAN

U.G Programs 2019-20

Department of Psychology

Ms. Asha Sharma

ODD SEMESTER

B.A I (SEMESTER I) BASIC PSYCHOLOGICAL PROCESSES-I (PAPER I)
(PSY-101)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)
Credit: 03

COURSE PLAN

SEM I Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I JULY	UNIT I Definition, Nature and Scope of Psychology. Goals of Psychology. Historical Perspectives in Psychology: Structuralism	Origins of Psychology, psychology as a science	PPT and group discussions	To examine the major perspectives of	<u>Knowledge Based</u> -Define Psychology as a Science. -Explain the	Knowledge--60 Understanding-30 Higher Order-10



	Functionalism, Gestalt, Psychoanalysis.			Psychology.	historical perspectives of Psychology.
	Modern Perspectives in Psychology: Behavioral, Humanistic, Cognitive, Evolutionary, Socio-cultural and Multi cultural.	Subject matter of psychology according to different perspectives	Quiz and explanation through detailed study of previous experiments		<u>Understanding Based</u> -Evaluate Experiment and Observation as the method of data collection. -Differentiate between parasympathetic and sympathetic nervous system.
	Methods of psychology: Experiment, Observation, Interview, Questionnaire, Case Study, Survey, Meta analysis	Scientific methods of data collection	Explanation through psychological tests and experiments		
AUGUST	UNIT II Genes and behavior. (Introduction).Nervous System – Neuron: Structure, function, Synapse, Neurotransmitters.	Evolution and behaviour	Learning through examples and group discussion	To illustrate the effect of neutral mechanisms on human behaviour.	<u>Higher Order Thinking Skills Based</u> -Justify the relationship between hormones and behaviour. -Validate with the help of examples that perception is a psychological process.
	The Central Nervous System: The Brain & the Spinal Cord (Structure and Function). Peripheral Nervous System: Autonomous Nervous System, Somatic Nervous System. (Introduction)	Biological and psychological bases of behaviour	Demonstration through Diagrams		
	Endocrine glands: Hormones and their effects on behavior. Sensory – Perceptual	Hormones and behaviour and the concept of	Demonstration through diagrams and		



	processes. Eye and Ear: structure and functions	sensation and perception	PPT			
SEPTEMBER-OCTOBER	UNIT III Attention: Definition, nature & determinants of Attention. Selective Attention, Sustained Attention.	Psychological basis of attentional process	Demonstration through real life examples and previous studies	To assess the concepts of sensory and perceptual processes of human beings		
	Perception: Definition, determinants, Perceptual constancies (size, shape and brightness). Organizing Principles of perception. Form and Depth perception.	Difference between sensation and perception, concept of illusion and delusions	PPT, Demonstration through daily life examples			
	Thinking: Nature and types of Thinking. Problem Solving: Meaning and Nature of Problem Solving, Methods of Problem Solving	The concept of cognition and problem solving	PPT and chalk and board method			

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SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 103)

B.A I (SEMESTER I)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I JULY	1. Replication of various psychological phenomena: a. Learning curve b. Curve of forgetting c. Chunking	Basics of Psychology practical and report writing	Replication of Psychological experiments	To provide hands on training for the administration of psychological tests and conduction of psychological experiment	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Report writing of Psychological tests and experiments <u>Higher Order Thinking Skills Based</u> - Interpret the results acquired by the administration of psychological test. - Discuss the results achieved by	Knowledge--60 Understanding-30 Higher Order-10
AUGUST	2. Familiarization with and use of psychological instruments a. Psychometric tests [16 PF/ Big 5 Factor Personality Test or any other] b. Projective tests [WAT/ SCT or any other]	Difference between Psychological tests and experiments.	Administration of Psychological tests			



SEPTEMBER- OCTOBER	Facilitating understanding of self and others a. Use of psychological tools to learn about themselves (eg- Johari window, SWOT Analysis, Psychological tests).	Importance of self exploration activities	Group activities and discussion		the conduction of Psychological experiment? -Viva Voce	
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STATISTICS IN PSYCHOLOGY –I (PAPER I) (PSY-301)

B.A II (SEMESTER III)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM III Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III JULY	Unit I Meaning and Purpose of Statistics. Types of statistics: Descriptive and Inferential Statistic.,	Need for Statistics in Psychology	PPT	To point out the meaning and purpose of statistics in Psychology.	<u>Knowledge Based</u> -Define Mean. -What is NPC? <u>Understanding Based</u> -Estimate the mean for the following distribution. -Plot a cumulative Frequency graph for the following data.	Knowledge--50 Understanding-35 Higher Order-15
	Application and Importance of statistics in psychology. Drawing of frequency distribution.	Concept of raw data and frequency.	PPT and Demonstration			
	Graphical representation of grouped data: Histogram, Frequency Polygon, cumulative frequency graph, Ogive.	Basic meaning of graph making	Demonstration and graph plotting			
AUGUST	UNIT II Significance and Types of central tendency – Mean, Median and Mode.	BODMAS	Lecture, videos and computing the central tendency	To measure types of central tendency and	<u>Higher Order Thinking Skills Based</u> -Elaborate the	



	(computation and uses)			variability.	application of psychological statistics. -Calculate mean and standard deviation for the following data.	
	Significance and Types of Variability: Range (Computation and uses)	BODMAS, Concept of psychological data	Lecture, videos and computing variability			
	Quartile deviation, Standard deviation. (computation and uses)		Lecture, videos and computing Quartile and Standard deviation.			
SEPTEMBER- OCTOBER	UNIT III Scales of Measurement. Nominal, Ordinal, Interval and Ratio.	Scaling, fundamental and applied science	PPT and group discussion.	To evaluate scales of measurement and NPC		
	Parametric and non parametric statistics (Introduction)	Probability and nature of inferential statistics.	PPT and videos			
	Properties and characteristics of normal probability curve and Deviations – Skewness and Kurtosis.	Probability, Population, Sample and Level of confidence.	PPT and demonstration			

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ORGANIZATIONAL BEHAVIOUR–I (PAPER II) (PSY- 502)

B.A III (SEMESTER V)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

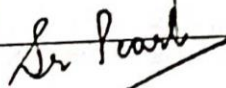
COURSE PLAN


SEMV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I JULY	Organizational Behavior: Introduction, Definition, Scope and Significance.	Concept related to psychological perspectives.	PPT and Case Studies	To examine the meaning of organizational behavior and its approaches.	<u>Knowledge Based</u> -Define MBO. -What is Taylor's contribution to OB? <u>Understanding Based</u> -Examine organisational culture with the help of examples. - Differentiate between different theories of motivation.	Knowledge--40 Understanding-35 Higher Order-25
	Challenges and opportunities of OB. Basic model of OB	Working pattern of organisations with special emphasis to Indian scenario.	PPT and Demonstration			
	Approaches of OB: Scientific Approach: Taylor's contribution, Human relation Approach (Hawthorne studies) : Hawthorne contribution	Evaluating the various approaches.	PPT and Case Studies			
AUGUST	Organizational Culture: definition, functions, creating & sustaining culture, learning organizational culture,	Culture and Productivity	PPT and Case Studies	To evaluate the concept of organizational culture and job		



	ethical organizational culture.			satisfaction.	<u>Higher Order Thinking Skills Based</u> -Explain Employee involvement Programs with their advantages.	
	Job satisfaction: Meaning, factors influencing, measurement and ways to improve job satisfaction.	Job Satisfaction and Motivation	PPT, group discussion and Case Studies			
SEPTEMBER- OCTOBER	Motivation – Meaning, Theories: Content and Process Theories. Skills involved in motivating workers.	Motivation and efficiency	PPT, group discussion and Case Studies	To assess the importance of motivation and MBO technique in an organization.	-Discuss the skills involved in motivating employees.	
	MBO (Management by Objectives): theoretical explanation.	MBO and performance	PPT, group discussion and Case Studies			
	Employee Involvement programs	Programs for success of an organisation	PPT, group discussion and Case Studies			

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SOPHIA GIRLS' COLLEGE, AJMER (*AUTONOMOUS*)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 503)

B.A I (SEMESTER V)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM V JULY	1. Field visit to psychologically	Concept of data collection through observation and interview method.	Group discussions	To facilitate practical knowledge or	<i>Knowledge Based</i> Practical File Work <i>Understanding</i>	



	relevant settings e.g. <ul style="list-style-type: none"> Hospitals b. Schools c. Old age homes d. Clinics e. N.G.O. f. Industries 			exposure through field visits and internships To prepare a case study	Based Report writing. Higher Order Thinking Skills Based - Suggest ways to treat psychological disorders - Propose ways to improve work culture of organisations -Viva Voce	Knowledge--40 Understanding-35 Higher Order-25
AUGUST	2. Developing case account (one) <ul style="list-style-type: none"> Study, making relevant observation, reporting his speech (verbal/non-verbal) and conduct interviews, obtain background information of factors leading to present problem Analysis & drawing valid inferences. 	Principles related to Case study	Primary data collection of a person.	To prepare a report for psychological tests		
SEPTEMBER-OCTOBER	3. Report writing for following psychological tests: (any three) <ul style="list-style-type: none"> Depression/ Anxiety/Stress 	Psychometric tests applicable in organisations and clinical settings.				



	<ul style="list-style-type: none">• Job satisfaction/Work Motivation/Organizational culture					
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