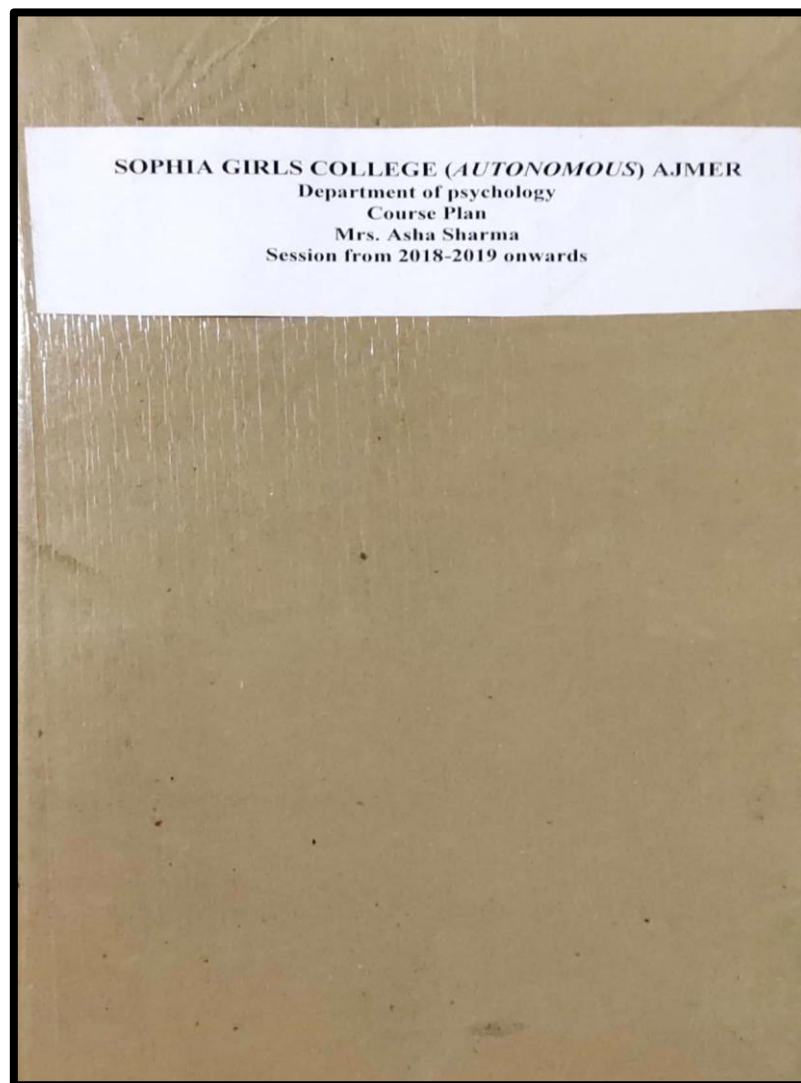




SOPHIA GIRLS' COLLEGE(AUTONOMOUS), AJMER



COURSE_PLAN_2018-19_MRS_ASHA_SHARMA



SOPHIA GIRLS' COLLEGE, AJMER (*AUTONOMOUS*)

COURSE PLAN

U.G Programs 2018-19

Department of Psychology

Ms. Asha Sharma

ODD SEMESTER

B.A I (SEMESTER I) BASIC PSYCHOLOGICAL PROCESSES–I (PAPER I)
(PSY-101)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM I Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I JULY	UNIT I Definition, Nature and Scope of Psychology. Goals of Psychology. Historical Perspectives in Psychology: Structuralism,	Origins of Psychology, psychology as a science	PPT and group discussions	To examine the major perspectives of	<u>Knowledge Based</u> -Define Psychology as a Science. -Explain the	Knowledge--60 Understanding-30 Higher Order-10



	Functionalism, Gestalt, Psychoanalysis.			Psychology.	gestalt perspectives of Psychology?	
	Modern Perspectives in Psychology: Behavioral, Humanistic, Cognitive, Evolutionary. Socio-cultural and Multi cultural.	Subject matter of psychology according to different perspectives	Quiz and explanation through detailed study of previous experiments		<u>Understanding Based</u> -Evaluate Survey and Case Study as the method of data collection? -Differentiate between CNS and PNS.	
	Methods of psychology: Experiment, Observation, Interview, Questionnaire, Case Study, Survey, Meta analysis	Scientific methods of data collection	Explanation through psychological tests and experiments			
AUGUST	UNIT II Genes and behavior. (Introduction).Nervous System – Neuron: Structure, function, Synapse, Neurotransmitters.	Evolution and behaviour	Learning through examples and group discussion		<u>Higher Order Thinking Skills Based</u> -Justify the relationship between hormones and behaviour. -Validate with the help of examples that perception is a psychological process.	
	The Central Nervous System: The Brain & the Spinal Cord (Structure and Function). Peripheral Nervous System: Autonomous Nervous System, Somatic Nervous System. (Introduction)	Biological and psychological bases of behaviour	Demonstration through Diagrams	To illustrate the effect of neural mechanisms on human behaviour.		
	Endocrine glands: Hormones and their effects on behavior. Sensory – Perceptual	Hormones and behaviour and the concept of	Demonstration through diagrams and			



	processes. Eye and Ear: structure and functions	sensation and perception	PPT			
SEPTEMBER- OCTOBER	UNIT III Attention: Definition, nature & determinants of Attention. Selective Attention, Sustained Attention.	Psychological basis of attentional process	Demonstration through real life examples and previous studies	To assess the concepts of sensory and perceptual processes of human beings		
	Perception: Definition, determinants, Perceptual constancies (size, shape and brightness). Organizing Principles of perception. Form and Depth perception.	Difference between sensation and perception, concept of illusion and delusions	PPT, Demonstration through daily life examples			
	Thinking: Nature and types of Thinking. Problem Solving: Meaning and Nature of Problem Solving, Methods of Problem Solving	The concept of cognition and problem solving	PPT and chalk and board method			

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SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 103)

B.A I (SEMESTER I)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I JULY	1. Replication of various psychological phenomena: a. Learning curve b. Curve of forgetting c. Chunking	Basics of Psychology practical and report writing	Replication of Psychological experiments	To provide hands on training for the administration of psychological tests and conduction of psychological experiment	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Report writing of Psychological tests and experiments	Knowledge--60 Understanding-30
AUGUST	2. Familiarization with and use of psychological instruments a. Psychometric tests [16 PF/ Big 5 Factor Personality Test or any other] b. Projective tests [WAT/ SCT or any other]	Difference between Psychological tests and experiments.	Administration of Psychological tests		<u>Higher Order Thinking Skills Based</u> - Interpret the results acquired by the administration of psychological test. - Discuss the results achieved by	Higher Order-10



SEPTEMBER-
OCTOBER

Facilitating understanding of self and others

a. Use of psychological tools to learn about themselves (eg- Johari window, SWOT Analysis, Psychological tests).

Importance of self exploration activities

Group activities and discussion

the conduction of Psychological experiment?

-Viva Voce

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STATISTICS IN PSYCHOLOGY –I (PAPER I) (PSY-301)

B.A II (SEMESTER III)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM III Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III JULY	Unit I Meaning and Purpose of Statistics. Types of statistics: Descriptive and Inferential Statistic.,	Need for Statistics in Psychology	PPT	To point out the meaning and purpose of statistics in Psychology.	<u>Knowledge Based</u> -Define Meadian. -What is NPC?	Knowledge--50 Understanding-35 Higher Order-15
	Application and Importance of statistics in psychology. Drawing of frequency distribution.	Concept of raw data and frequency.	PPT and Demonstration		<u>Understanding Based</u> -Estimate the mean for the following distribution. -Plot a cumulative Frequency graph for the following data.	
	Graphical representation of grouped data: Histogram, Frequency Polygon, cumulative frequency graph, Ogive.	Basic meaning of graph making	Demonstration and graph plotting			
AUGUST	UNIT II Significance and Types of central tendency – Mean, Median and Mode.	BODMAS	Lecture, videos and computing the central tendency	To measure types of central tendency and	<u>Higher Order Thinking Skills Based</u>	



	(computation and uses)			variability.	-Elaborate the application of psychological statistics. -Calculate standard deviation and quartile deviation for the following data.	
	Significance and Types of Variability: Range (Computation and uses)	BODMAS, Concept of psychological data	Lecture, videos and computing variability			
	Quartile deviation, Standard deviation. (computation and uses)		Lecture, videos and computing Quartile and Standard deviation.			
SEPTEMBER- OCTOBER	UNIT III Scales of Measurement. Nominal, Ordinal, Interval and Ratio.	Scaling, fundamental and applied science	PPT and group discussion.	To evaluate scales of measurement and NPC		
	Parametric and non parametric statistics (Introduction)	Probability and nature of inferential statistics.	PPT and videos			
	Properties and characteristics of normal probability curve and Deviations – Skewness and Kurtosis.	Probability, Population, Sample and Level of confidence.	PPT and demonstration			

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SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 303)

B.A I (SEMESTER III)

Max. Marks: 50(40Ext; 10 Int)

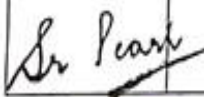

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III JULY	1. Test construction Development of a test of at least 30 items in a suitable area using following steps- <ul style="list-style-type: none"> • Item selection • Population selection • Sampling techniques to administer the test (sample of minimum 50) • Finalization of the test 	Concept and principles related to psychological test construction such as identification of the topic, sub dimensions and item writing	PPT, lecture and discussion	To construct a psychological test.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Item writing <u>Higher Order Thinking Skills Based</u> - Calculate and evaluate reliability of the test constructed?	Knowledge--50 Understanding-35 Higher Order-15
AUGUST	<ul style="list-style-type: none"> • Determining Reliability and Validity • Writing a report on the test construction 	Principles related to test standardization	Primary data collection of a sample of 50		-Viva Voce	



SEPTEMBER- OCTOBER 	2. Analysis of psychologically relevant literary text A. Read literary / creative writing – Novel / Story / Book / Poem/ Movie B. Identify and Analyze psychological substance in it (mood, emotion, anxiety, conflicts, stresses.)	Basics of Psychology attributes		To critique psychologically relevant literacy text.		 Head Department of Psychology Sophia Girls' College (Autonomous), Ajmer
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ORGANIZATIONAL BEHAVIOUR–I (PAPER II) (PSY- 502)

B.A III (SEMESTER V)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

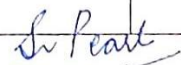
Credit: 03


COURSE PLAN

SEMV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I JULY	Organizational Behavior: Introduction, Definition, Scope and Significance.	Concept related to psychological perspectives.	PPT and Case Studies	To examine the meaning of organizational behavior and its approaches.	<u>Knowledge Based</u> -Define MBO. -What is Hawthorne's contribution to OB?	Knowledge--40 Understanding-35 Higher Order-25
	Challenges and opportunities of OB. Basic model of OB	Working pattern of organisations with special emphasis to Indian scenario.	PPT and Demonstration			
	Approaches of OB: Scientific Approach: Taylor's contribution, Human relation Approach (Hawthorne studies) : Hawthorne contribution	Evaluating the various approaches.	PPT and Case Studies		<u>Understanding Based</u> -Examine organisational culture with the help of examples. - Differentiate between different theories of motivation. <u>Higher Order</u>	
AUGUST	Organizational Culture: definition, functions, creating & sustaining culture, learning organizational culture,	Culture and Productivity	PPT and Case Studies	To evaluate the concept of organizational culture and job		



	ethical organizational culture.			satisfaction.	<u>Thinking Skills Based</u> -Explain Employee involvement Programs with their advantages. -Discuss the skills involved in motivating employees.	
	Job satisfaction: Meaning, factors influencing, measurement and ways to improve job satisfaction.	Job Satisfaction and Motivation	PPT, group discussion and Case Studies			
SEPTEMBER- OCTOBER	Motivation – Meaning, Theories: Content and Process Theories. Skills involved in motivating workers.	Motivation and efficiency	PPT, group discussion and Case Studies	To assess the importance of motivation and MBO technique in an organization.		
	MBO (Management by Objectives): theoretical explanation.	MBO and performance	PPT, group discussion and Case Studies			
	Employee Involvement programs	Programs for success of an organisation	PPT, group discussion and Case Studies			


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SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 503)

B.A I (SEMESTER V)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02


COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM V JULY	1. Field visit to psychologically relevant settings e.g. <ul style="list-style-type: none">Hospitals b. Schools c. Old age homesd. Clinics e. N.G.O. f. Industries	Concept of data collection through observation and interview method.	Group discussions	To facilitate practical knowledge or exposure through field visits and internships	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Report writing. <u>Higher Order Thinking Skills Based</u>	Knowledge--40 Understanding-35 Higher Order-25



				To prepare a case study	- Suggest ways to treat psychological disorders	
AUGUST	2. Developing case account (one) <ul style="list-style-type: none"> Study, making relevant observation, reporting his speech (verbal/non-verbal) and conduct interviews, obtain background information of factors leading to present problem Analysis & drawing valid inferences. 	Principles related to Case study	Primary data collection of a person.		- Propose ways to improve work culture of organisations	
SEPTEMBER-OCTOBER	3. Report writing for following psychological tests: (any three) <ul style="list-style-type: none"> Depression/Anxiety/Stress Job satisfaction/Work Motivation/Organizational culture 	Psychometric tests applicable in organisations and clinical settings.		To prepare a report for psychological tests	-Viva Voce	


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SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
B.A I (SEMESTER II) BASIC PSYCHOLOGICAL PROCESSES-II (PAPER I)

(PSY-201)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM II Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM II Dec- Jan	UNIT I Learning: Definition. Classical & Operant conditioning (Basic processes and Experiment). Trial and error theory of learning. Laws of learning. Cognitive learning, Observational learning,	Psychological Bases Of Learning	PPT, quoting real-life examples and explanation through previous studies	To explain psychological bases of learning, memory and forgetting.	<i>Knowledge Based</i> -What is Classical Conditioning? -Illustrate the various theories of emotion?	Knowledge--60 Understanding-30 Higher Order-10
	Memory – Definition and process (Encoding, Storage and Retrieval). Short term and Long term Memory. Mnemonic Methods of retention.	Concept of information processing system and cognitive processing	Match the following, Quiz, Demonstration		<i>Understanding Based</i> -Explain the various theories of personality. -Discuss Drive theory.	
	Forgetting – Definition. Causes	Concept of cognitive	Explanation through		<i>Higher Order Thinking Skills Based</i>	



	(Decay, Interference and Retrieval failure theory)	processing	previous studies and PPT		-Assess the various determinants of Personality.	
FEB,	UNIT II Motivation: Indicators of motivated behavior. Nature and classification of motives – Biogenic and Sociogenic,	Psychological explanations of motivation processes	PPT and explanation through previous studies	To justify theories of motivation and emotion.	-Compare and contrast memory and forgetting.	
	Theories of motivation: Drive theory, Incentive Theory, Optimal Level Theory, Goal setting Theory and Maslow's Need Hierarchy Theory.	Contents of motivated behaviour	Diagrams, flowcharts, PPT and Quoting real life examples			
	Emotion – Nature and Development. Expression and Control of emotions. Theories of emotion (Cannon-Bard, James-Lange, Schachter-Singer).	The process of socialization and emotions	PPT and Demonstration			
March-April	UNIT III Intelligence – Definition, Determinants, Measurement and theories of intelligence (Spearman, Thurstone, Guilford,	The nature of individual differences and psychometrics	Explanations through previous studies and research	To evaluate aspects of personality and intelligence.		



	Personality – Definition. Trait (Allport's Theory, Cattell's Theory).and Type theories. Psycho-analytical theory by Freud.	Psychological explanation of personality	PPT, Demonstration and learning through previous studies			
<i>Sr. Pearl</i>	Biological, Psychological and Socio-cultural determinants. Assessment of personality: Personality Inventories and Projective techniques.	The nature of assessment of personality with the help of psychological testing	PPT and explanation through previous studies			

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STATISTICS IN PSYCHOLOGY –II (PAPER I) (PSY-401)

B.A II (SEMESTER IV)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03


COURSE PLAN

SEM IV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III DEC- JAN	Unit I Correlations – Concept and types;	Concept of Association	PPT and flow chart	To compare different types of correlation methods.	<u>Knowledge Based</u> -Define ANOVA. -What is t distribution?	Knowledge--50 Understanding-35 Higher Order-15
	Pearson's Product Moment Correlation and Spearman's Rank Order Correlation; (computation)	Types of Scales	PPT, computing correlation and Demonstration		<u>Understanding Based</u> -Estimate the product moment correlation for the following distribution.	
	Familiarity with other correlation methods – Biserial & Point biserial correlation (only theory)	Variables, artificial and natural division of variables.	Demonstration and computing correlation		-Distinguish between biserial and point biserial correlation	
FEB	UNIT II Hypothesis testing and making inferences. Concept of Levels of significance, Degree of Freedom.	Difference between inferential and descriptive statistics	PPT	To evaluate the concept of inferential statistics.		



	Standard Error of Mean, Nature and Assumption of 't' distribution;	Concept of population and sample.	Lecture		<u>Higher Order Thinking Skills Based</u> -Elaborate the application of SPSS in psychology. -Calculate t value for the following data.	
	Computation of 't' value for Dependent & Independent, Large & Small samples; Interpretation of 't' values.	Types of experimental design	Lecture, videos and computing t value.			
MARCH – APRIL	UNIT III Anova – Purpose and Assumptions(Only theory).	Comparison, concept of independent and interactive effect of variables.	PPT and group discussion.	To assess non- parametric tests and SPSS		
	Non-parametric tests – Nature and Assumptions, Chi-square, (meaning and computation)	Normal Distribution and sample description	PPT and videos			
	Uses of SPSS in Psychological Statistics.	Importance of software packages in research.	PPT and demonstration using the software			


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ORGANISATIONAL BEHAVIOUR–II (PAPER II) (PSY- 602)

B.A III (SEMESTER VI)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03


COURSE PLAN

SEMVI Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI Dec- Jan	Employee Training – Meaning, Importance, Methods and improving effectiveness of training.	Employee Training and skill development	PPT, group discussion and Case Studies	To explain the effect of employee training and leadership in an organization.	<u>Knowledge Based</u> -Define conflict. -What are OD interventions? <u>Understanding Based</u> -Examine negotiation strategies with the help of examples. - Differentiate between different	Knowledge--40 Understanding-35 Higher Order-25
	Leadership – Concept, Definitions, Trait, Behavioral and Contingency theories of leadership. Leader effectiveness.	Leadership and growth of a organisation	PPT, Videos, group discussion and Case Studies		theories of leadership.	
FEB	Organizational change – Nature, Forces and approaches to change management, skills in managing change.	Organizational change and probability of success	PPT, Flowchart, group discussion and Case Studies	To identify the different approaches leading to organizational	<u>Higher Order Thinking Skills Based</u> -Explain	



				change and development.	Employee Training Programs with their advantages. -Discuss the sources of work stress.	
	Organizational development: Meaning and OD Intervention techniques,	Development and adaptation	Group discussion and Case Studies			
March-April	Conflict – concept, process and sources.	Conflict and resolution	PPT, group discussion and Case Studies	To inspect the process of conflict, negotiation and work stress		
	Negotiation – strategies, process and issues.	Negotiation and persuasion	PPT, group discussion and Case Studies			
	Work stress – concept, sources, consequences and management.	Stress and human resource management	PPT, Videos, group discussion and Case Studies			


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SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 403)

B.A I (SEMESTER IV)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM IV DEC.- JAN.	1. Analysis of published research and planning a study <ul style="list-style-type: none">Review of an article from a journal for methodology			To analyze a published research study To propose a research study.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u>	Knowledge--50



	<ul style="list-style-type: none"> Propose plan of research by taking into consideration <ol style="list-style-type: none"> The variable to be studied Sampling procedures Instruments to be used / constructed Statistical analysis to be conducted 				<p>Summarize the elements of the empirical research study chosen.</p> <p><u>Higher Order Thinking Skills Based</u></p> <ul style="list-style-type: none"> Interpret the results acquired by the administration of psychological test ? Discuss the results achieved by the conduction of Psychological experiment? <p>-Viva Voce</p>	<p>Understanding-35</p> <p>Higher Order-15</p>
FEB.	2. Assignment/activity related to Psychological Testing in consultation with the Teacher.			To plan an assignment / activity related to Psychological testing		

MARCH- APRIL	3. Personality Assessment using 16 P.F.			To interpret personality with the help of 16 Personality Factors.		
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SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 603)

B.A I (SEMESTER VI)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI DEC.- JAN.	1. Research Project: <ul style="list-style-type: none">Take up a short project (individually or jointly) on the issue of their interest under the supervision of the teacher.The research done can be either empirical or data based.	Concept of research methodology	Lecture and Discussion	To design and conduct a mini research.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Summarize the elements of the empirical research done. <u>Higher Order Thinking Skills Based</u> - Interpret the results acquired	Knowledge--40 Understanding-35 Higher Order-25



FEB.

- Follow a methodological approach (experimental / survey / observation / use of secondary data).

by the administration of research.

- Discuss the limitations and applications of the research undertaken.

-Viva Voce

MARCH-
APRIL

Write a report.

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