



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

SOPHIA GIRLS' COLLEGE, AJMER
(AUTONOMOUS)

Mrs Ruchi Mathur
Assistant Professor & Head,
Department of Home Science



Department Of Home Science

B.A/ Hons

COURSE PLAN

Session – 2021-22

SEM I ,III, V



B.A II (SEMESTER III)

Extension Education And Communication (PAPER II) (H.Sc-302)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

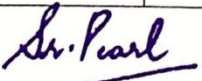
SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
End Of JULY	1. Home Science Meaning and Definition Objectives and scope	Objectives and scope of Home Science	PPT, E- content,	Evaluate the objectives and scope of Home Science	Define Home Science	Knowledge--40 Understanding-40 Higher Order-20
	Areas of Home Science Objectives and scope of each discipline	Areas of Home Science	PPT Presentation	Identify the areas of Home Science	What is the scope of Home Science Discuss the areas of Home Science?	
	2. Extension Education- Meaning and definition education , Extension and Extension Education	Meaning and definition education , Extension and Extension Education	PPT Presentation,	Analyze the meaning and definition education , Extension and Extension Education	Define Extension Education	



LAST WEEK OFAUGUST	Types of Education	Forms of education		Identify the different types of education	What are the types of Education?	
	Principles of Extension Education Elements of Extension Education Community Development: <ul style="list-style-type: none"> • Meaning and Definition of Community ,Development and Community Development. • Objectives and Principles of Community Development • Scope and Organizational set up of Community Development 	Principles of Extension Education To discuss the objectives and principles of community development.	PPT ,Discussion E-Content and PPT presentations	Analyze the principles of Extension education Identify the scope and organizational set up of community development	What are the principles of Extension Education Explain the barriers in communication Define Communication Give the elements of communication	
	. Communication- Meaning and definition Types Methods, Barriers and Problems in communication Importance and scope of communication in development.	Methods, Barriers and Problems in communication Importance and scope of communication in development	PPt, Discussion, E-Content	Identify the Methods, Barriers and Problems in		



				communication Importance and scope of communication in development		
-OCTOBER	Communication Process- Concept and Importance in Communication Process. Elements of Communication Process and their characteristics	Concept and Importance of Communication Process.	Charts , Posters and Group Discussion	Analyze the various methods of communication	Explain the role of communication in development	
	5. Media of Communication- Definition Classification. Types –(1) Non-Projected Aids- (a)Teaching type (b) Display type	. Media of Communication- Types –(1) Non-Projected Aids- (a)Teaching type (b) Display type	Charts , Posters and Group Discussion			
December To January	Projected-(a)Direct projection (b)Indirect projection (c) Reflected projection and Electronic Communication Aids Advantages and Limitations. Role and Selection	Communication Aids Advantages and Limitations. Role and Selection	Charts , Posters and Group Discussion			


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B.A III (SEMESTER V)

HSC-502 Institutional Food Service Management – II(DSE-A)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
January	Unit I Introduction to Food service institutions : <ol style="list-style-type: none"> Food Service Management: <ul style="list-style-type: none"> Definition and Meaning Principles and function Tools of Management Approaches to Management: <ul style="list-style-type: none"> Traditional Management, System approach, Total quality management 	To explain the concept of food service management To discuss about the various approaches of management	PPT, E -Content Group discussions, PPT presentations	To develop the understanding of Food Service management To illustrate the various approaches to management	Knowledge Based -Define food service management Understanding Based Illustrate the principles of food service management Higher Order What are types of approaches to management	Knowledge--60 Understanding-30 Higher Order-10



February	<p>Unit II</p> <p>3. Food Service System Planning and Management Planning</p> <ul style="list-style-type: none"> Strategies in planning Kitchen layout planning Pricing of product 	To explain the strategies of food service planning and management	PPT, E-Content, Online videos	To illustrate the objectives of kitchen layout planning	<p>Knowledge Based -Define Planning</p> <p>Understanding Based</p> <p>Illustrate the strategies in planning Higher Order</p> <p>What is pricing of product?</p>	Knowledge--60 Understanding-30 Higher Order-10
March	<p>Management</p> <ul style="list-style-type: none"> Organization and Management Personnel management Cost control Sanitation and safety 	To explain the concept of organization and management	PPT, E-content	<p>To analyze the methods Of cost control</p>	<p>Knowledge Based</p> <p>What are the types of organizations? Understanding Based</p> <p>Illustrate the factors affecting cost control</p> <p>Higher Order</p> <p>Illustrate the process of management in the sanitation and safety of food industries?</p>	



	<p>Unit III</p> <p>5 Food Service Operations and food management</p> <ul style="list-style-type: none"> • Menu planning • Food purchase <p>Service Management</p> <p>Delivery and service of foods in different systems</p> <p>Quantity Food Production</p> <ul style="list-style-type: none"> • Kitchen production • Quantity Food production <p>Food cost control</p>	<p>To discuss the food service operations and food management</p> <p>To explain the quantity food production</p>	<p>PPT and development of E Content</p> <p>Group Discussions</p> <p>Assignments</p> <p>Project Reports</p>	<p>To illustrate the process of meal planning</p> <p>To analyze the quantity food production and food cost control</p>	<p>Knowledge Based</p> <p>-Define Meal Planning</p> <p>Understanding Based</p> <p>Illustrate the Delivery and service of foods in different systems</p> <p>Higher Order</p> <p>What is Quantity food production?</p>	<p>Knowledge--60</p> <p>Understanding-30</p> <p>Higher Order-10</p>
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COURSE PLAN
DEPARTMENT OF HOME SCIENCE
SOPHIA GIRL'S COLLEGE, AJMER
(Autonomous)

Session 2021-22
Semester IV, VI



B.A II (SEMESTER IV)

Fundamentals of Foods and Nutrition (PAPER II) (H.Sc 402)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM II January	UNIT I 1. Definition of terms – a. Food, Nutrition, Nutrients and Dietetics. b. Functions of food c. Classification based on functions, nutrients and perishability,	To explain the concept of foods and nutrition, methods of food preparation	PPT, Diagrams E content	To develop the understanding of the terms used in foods and nutrition	Knowledge Based -Define Nutrients and their importance Understanding Based Illustrate the methods of food preparation with their advantages and disadvantages	Knowledge--60 Understanding-30 Higher Order-10



	<p>d. Different methods of food preparation with their advantages and limitation, methods used to conserve and enhance the nutritive value of food</p> <p>e. Methods of food preparation with their advantages and limitation,</p> <p>f. Methods used to conserve and enhance the nutritive value of food.</p>				<p>Higher Order Explain the methods of enhancing and conserving the nutritive value of foods</p>	
	<p>2. A brief knowledge of the composition, classification, functions, deficiencies, sources and requirements of the following macronutrients:¹</p> <p>a. Proteins</p> <p>b. Carbohydrates</p> <p>c. Fat</p>	<p>To give A brief knowledge of the composition, classification, functions, deficiencies, sources and requirements of the following macronutrients:¹</p>	<p>PPT, Discussion</p>	<p>To illustrate the importance of macronutrients in the body.</p>	<p>Knowledge Based What are the sources of proteins and carbohydrates in the diet? Understanding Based What are the functions of carbohydrates?</p>	<p>Knowledge--60 Understanding-30 Higher Order-10</p>



February	a. Water b. Dietary fibre ¹	To explain the composition and functions of water and fibre in the diet	Diagrams, ICT		Higher Order Give the classification, sources, functions of fats.
March & April	Unit - III 3. A brief knowledge and the nutritional importance, functions, deficiencies, sources and requirements of the following micronutrients: a. Fat Soluble vitamins – A,D,E and K b. Water Soluble vitamins – Vit. C, Thiamine, Riboflavin, Niacin, Folic Acid and vit.B6 Vit. B12 c. Minerals – Calcium, Phosphorous, Iron, Iodine	To illustrate the importance of micronutrients in the diet	PPT presentation s and E Content	To explain the importance, functions and deficiency of micronutrient s in the diet.	Knowledge Based Define fat soluble vitamins and give their importance. Understanding Based What are the diseases caused due deficiency of Iron ? Higher Order Give the nutritional importance, functions, deficiencies, sources and requirements of calcium in the body.

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B.A III (SEMESTER VI)

HSC-602 Institutional Food Service Management – II(DSE-A)

Max. Marks : 75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
January	Unit I 1. Introduction of Human Resource: a. Human Resource- Concept, meaning and definition. b. Importance of HR in Food Service Institutions. c. Approaches to managing HRs in Food sectors. d. Emerging role of HR manager in Food Service Institutions. 2. Human Resources Planning: a. Human Resource planning-meaning, process, factors and need for HRs planning	To explain the concept of Human Resource In food service institutions To discuss about the role of HR manager in food service institutions and the factors for HR planning	PPT, E -Content Group discussions, PPT presentations	To develop the understanding of Human Resource in Food Service management To illustrate the planning meaning and need for HR planning	Knowledge Based -Define Human Resource Understanding Based Illustrate the Importance of HR in food service management Higher Order What are the factors to be considered in HR planning	Knowledge--60 Understanding-30 Higher Order-10



February	<p>Unit II</p> <p>3 Introduction of Marketing: a. Definition of Marketing, b. Customer Orientation, c. Core concept of Marketing, d. Marketing Management-definitions and meaning e. Introduction to 4 P's of Marketing</p> <p>4 Introduction to Organizational Behavior: a. Definition, b. Need and importance of organizational behavior, c. Nature d. Leadership: Meaning, Importance, e. Leadership styles: Types</p>	<p>To explain the concept of marketing customer orientation</p> <p>To explain the concept of Organizational Behaviour</p> <p>To discuss the meaning and importance of leadership.</p>	<p>PPT, E-Content , Online videos</p> <p>PPT, E-content Demonstration</p>	<p>To illustrate the Core concept of marketing</p> <p>To analyze meaning and importance of leadership in food service management</p>	<p>Knowledge Based -Define Marketing</p> <p>Understanding Based Illustrate the Need and Importance of Organizational Behaviour</p> <p>Higher Order What are the types of leadership?</p>	<p>Knowledge--60 Understanding-30 Higher Order-10</p>
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March to April	Unit III				Knowledge Based	
	5. Cost and management Accounting a. Definition and scope b. Cost and their control c. Profit Planning 6. Budget Management: a. Introduction, b. Objectives, c. Kinds of Budget,	To explain the concept of cost and management accounting To discuss the objectives and kinds of budget	PPT and development of E Content Group Discussions Assignments Project Reports	To illustrate the definition and scope of cost and management accounting To analyze the quantity food production and food cost control	What is management accounting? Understanding Based Illustrate the factors affecting cost control Higher Order Analyze the profit planning process? Knowledge Based -Define Budget Understanding Based Illustrate Budget management Higher Order What are the types of budget?	Knowledge--60 Understanding-30 Higher Order-10

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