



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

SOPHIA GIRLS' COLLEGE (*AUTONOMOUS*), AJMER

DEPARTMENT OF PSYCHOLOGY



COURSE PLAN

(Session 2021-22)

Name of the Faculty

DR. ASHA SHARMA



SOPHIA GIRLS' COLLEGE (*AUTONOMOUS*), AJMER

COURSE PLAN (Session 2021-22)

DEPARTMENT OF PSYCHOLOGY

DR. ASHA SHARMA

B.A I (SEMESTER I)

SOCIAL PSYCHOLOGY-I (PAPER II) (PSY-102)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM I Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I AUG	UNIT I Nature, Goals & Scope of Social Psychology. Social psychology and its relation with other sciences. Methods of social psychology– Experimental, Correlational approach, Sociometry & Cross cultural	Society and individual, scientific methods of data collection	PPT, e content and discussion	To explain the concept of Social Psychology and social perception.	<u>Knowledge Based</u> -What is Cognitive approach to Social Psychology? -Explain social facilitation?	Knowledge--60 Understanding-30 Higher Order-10
	Approaches to social Psychology: Biological, Learning, Cognitive, Psychoanalytic and Role theory.	Historical background of social psychology	Match the following, Quiz, Demonstration		<u>Understanding Based</u> -Compare prejudices and stereotypes. -Discuss about Social norms.	
SEPT	Social Perception: Perceiving ourselves (Self-concept, Self-esteem, Self-expression). Perceiving others: Forming impressions, Role of non-verbal cues.	Concept of socialization, social cognition and social perception	Self analysis through activity and Flow Charts		<u>Higher Order Thinking Skills Based</u> -Recommend ways to reduce prejudices in India.	

Head
Department of Psychology
Sophia Girls' College
(Autonomous)



OCT	UNIT II Prejudices-Nature, Components, Acquisition and Reduction of Prejudices	Mental schemas and stereotypes	Self analysis through activity and Case study with respect to Indian setting	To evaluate social phenomenon: - Stereotypes, Prejudice, Attribution and Interpersonal Attraction	-Critically evaluate the concepts of Social Influence.	
	Stereotypes. Attribution of causality – Theories and Biases.	Concept of causality	Case study with respect to Indian setting			
NOV	Interpersonal attractions and its determinants	Nature and the concept of human/ social relationship	Flow chart, self analysis through activity and PPT			
DEC	UNIT III Group: Definition and Functions.	The concept of nature and formation of social groups social groups	PPT and group discussions	To compare different types of social influence.		
	Behaviour in the presence of others: Social facilitation, Social inhibition, Social loafing, De-individuation	The nature of behaviour in the presence of others	PPT, Self Analysis through activity and analysis of previous studies			
JAN	Social Influence: Conformity (The Sheriff and the Asch Study), cohesiveness, group size, Social norms, obedience and social modeling.	The concept of social influence	PPT, Case Studies and explanation through previous studies			

Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Asha
Head
Department of Psychology
Sophia Girls' College
(Autonomous)



OCT	UNIT II Prejudices-Nature, Components, Acquisition and Reduction of Prejudices	Mental schemas and stereotypes	Self analysis through activity and Case study with respect to Indian setting	To evaluate social phenomenon: - Stereotypes, Prejudice, Attribution and Interpersonal Attraction	-Critically evaluate the concepts of Social Influence.	
	Stereotypes. Attribution of causality – Theories and Biases.	Concept of causality	Case study with respect to Indian setting			
NOV	Interpersonal attractions and its determinants	Nature and the concept of human/ social relationship	Flow chart, self analysis through activity and PPT			
DEC	UNIT III Group: Definition and Functions.	The concept of nature and formation of social groups social groups	PPT and group discussions	To compare different types of social influence.		
	Behaviour in the presence of others: Social facilitation, Social inhibition, Social loafing, De-individuation	The nature of behaviour in the presence of others	PPT, Self Analysis through activity and analysis of previous studies			
JAN	Social Influence: Conformity (The Sheriff and the Asch Study), cohesiveness, group size, Social norms, obedience and social modeling.	The concept of social influence	PPT, Case Studies and explanation through previous studies			

Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Asha
Head
Department of Psychology
Sophia Girls' College
(Autonomous)



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
DEPARTMENT OF PSYCHOLOGY

B.A II (SEMESTER III) STATISTICS IN PSYCHOLOGY –I (PAPER I) (PSY-301)

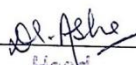
Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM III Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III AUG- SEPT	Unit I Meaning and Purpose of Statistics. Types of statistics: Descriptive and Inferential Statistic.	Need for Statistics in Psychology	PPT and explanation with examples	To point out the meaning and purpose of statistics in Psychology.	<u>Knowledge Based</u> -Define Descriptive Statistics -What is frequency polygon? <u>Understanding Based</u> -Estimate the standard deviation for the following distribution. -Plot a histogram for the following data. <u>Higher Order Thinking Skills Based</u> -Assess the application of	Knowledge--50 Understanding-35 Higher Order-15
	Application and Importance of statistics in psychology. Drawing of frequency distribution.	Concept of raw data and frequency.	PPT and Demonstration			
	Graphical representation of grouped data: Histogram, Frequency Polygon, cumulative frequency graph, Ogive.	Basic meaning of graph making	Demonstration and graph plotting			
OCT-NOV	UNIT II Significance and Types of central tendency – Mean, Median and Mode. (computation and uses)	BODMAS	Lecture, videos and computing the central tendency	To measure types of central tendency and variability.	<u>Higher Order Thinking Skills Based</u> -Assess the application of	
	Significance and Types of Variability: Range (Computation and uses)	BODMAS, Concept of psychological data	Lecture, videos and computing variability			
	Quartile deviation, Standard		Lecture, videos			


 Head
 Department of Psychology
 Sophia Girls' College
 (Autonomous), Ajmer



	deviation. (computation and uses)		and computing Quartile and Standard deviation.		statistics in Psychology -Calculate median and quartile deviation for the following data.	
DEC - JAN	UNIT III Scales of Measurement. Nominal, Ordinal, Interval and Ratio.	Scaling, fundamental and applied science	PPT and group discussion.	To evaluate scales of measurement and NPC		
	Parametric and non parametric statistics (Introduction)	Probability and nature of inferential statistics.	PPT and videos			
	Properties and characteristics of normal probability curve and Deviations – Skewness and Kurtosis.	Probability, Population, Sample and Level of confidence.	PPT and demonstration			

Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Ashe
Head
Department of Psychology
Sophia Girls' College
(Autonomous)



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
DEPARTMENT OF PSYCHOLOGY

B.A III (SEMESTER V) DSE (A) ORGANIZATIONAL BEHAVIOUR-I (PAPER II) (PSY- 502)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)
 Credit: 03

COURSE PLAN

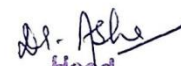
SEMV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I AUG - SEPT	Organizational Behavior: Introduction, Definition, Scope and Significance.	Concept related to psychological perspectives.	PPT, group discussions and Case Studies, you tube videos	To examine the meaning of organizational behavior and its approaches.	<u>Knowledge Based</u> -Define work motivation. - What is Organizational Culture?	Knowledge--40 Understanding-35 Higher Order-25
	Challenges and opportunities of OB. Basic model of OB	Working pattern of organisations with special emphasis to Indian scenario.	PPT and Demonstration		<u>Understanding Based</u> -Examine human relations approach to OB. - Evaluate the opportunities of OB	
	Approaches of OB: Scientific Approach: Taylor's contribution, Human relation Approach (Hawthorne studies) : Hawthorne contribution	Evaluating the various approaches.	PPT, videos and Case Studies		<u>Higher Order Thinking Skills Based</u> -Explain motivation process with its effectiveness in an organization -Discuss the skills involved in motivating employees.	
OCT -NOV	Organizational Culture: definition, functions, creating & sustaining culture, learning organizational culture, ethical organizational culture.	Culture and Productivity	PPT and discussion of Case Studies	To evaluate the concept of organizational culture and job satisfaction.		
	Job satisfaction: Meaning, factors influencing, measurement and ways to improve job satisfaction.	Job Satisfaction and Motivation	PPT, group discussion and Case Studies			

Dr. Ashu
 Head
 Department of Psychology
 Sophia Girls' College
 (Autonomous), Ajmer



DEC - JAN	Motivation – Meaning, Theories: Content and Process Theories. Skills involved in motivating workers.	Motivation and efficiency	PPT, group discussion and Case Studies	To assess the importance of motivation and MBO technique in an organization.		
	MBO (Management by Objectives): theoretical explanation.	MBO and performance	PPT, group discussion and Case Studies			
	Employee Involvement programs	Programs for success of an organisation	PPT, group discussion and Case Studies			


 PRINCIPAL
 SOPHIA GIRLS' COLLEGE
 (AUTONOMOUS)
 AJMER


 Head
 Department of Psychology
 Sophia Girls' College
 (Autonomous), Ajmer



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

DEPARTMENT OF PSYCHOLOGY

B.A III (SEMESTER V) DSE (B) COUNSELING PSYCHOLOGY-I (PAPER II) (PSY- 502)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

SEM V Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
AUG - SEPT	UNIT I Introduction: Meaning, Purpose, Goals and Principles of Counseling with special reference to India.	Concept of Guidance and counselling	PPT, group discussion and Case Studies	To understand the meaning and process of Counseling.	<u>Knowledge Based</u> -Define Counselling. -What is ACA?	Knowledge—50 Understanding-35 Higher Order-15
	Counseling as a profession: Professional Issues, Ethics (Latest version of American Counseling Association – (ACA). Education and Training of the Counselor.	Professionals ethics	PPT, group discussion e – content and videos		<u>Understanding Based</u> -Examine the process of counselling? Illustrate the qualities of a food counsellor?	
	Counseling Process : (a) Counseling Relationship (b) Counseling Interviews	Counselling as a systematic process	PPT, group discussion and Case Studies. Discussion of examples		<u>Higher Order Thinking Skills Based</u> -Explain the importance of communication in counselling? -Discuss the use of empathy in counselling process?	

Dr. Asha
Head

Department of Psychology
Sophia Girls' College
(Autonomous), Ajmer



UNIT II UNIT II OCT - NOV	Communication in psychotherapy and counseling: Attending skills, non-verbal communication, listening skills, questions to encourage communication.	Importance of communication and non verbal cues	PPT, group discussion and Case Studies	To appraise the process of communication in Psychotherapy and Counseling.		
	Response types: Verbal communication and client disclosure, Encouraging phrases, Restatements and paraphrases, reflections, interfacing response type, summarization.	Analyzing the process of counselling	PPT, group discussion and Case Studies			
UNIT III DEC - JAN	Moving Beyond simple communication: the process of Empathy.	Concept of empathy	PPT, group discussion and Case Studies	To assess the Cognitive, Behavioral and Affective skills of Counseling in different areas		
	Skills for cognitive awareness – Working with thoughts and cognition, basic skills and advanced interventions, confrontation here and now cognitive processing, interpretation.	Concept of cognition awareness	PPT, group discussion and Case Studies			
	Rapport building, assessment of problem and concerns, setting goals, selecting and designing interventions, case formulation and termination of counseling.	Concept of insight learning	PPT, group discussion and Case Studies			

Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Ashu
Head
Department of Psychology⁹
Sophia Girls' College
(Autonomous) Ajmer



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
DEPARTMENT OF PSYCHOLOGY
EVEN SEMESTER

B.A I (SEMESTER II)

SOCIAL PSYCHOLOGY-II (PAPER II) (PSY-202)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM II Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM II MAR	UNIT I Attitude - Nature, Functions, Measurement, Formation & Change of attitude (Balance and cognitive dissonance theories). Theories of reasoned and planned behavior.	Social behaviour with respect to attitudes/ opinions	PPT, Videos and Self Analysis through activity	To explain the concepts of attitudes and prosocial behaviour.	<u>Knowledge Based</u> -What is pro social behaviour? -Illustrate the different barriers to communication?	Knowledge--60 Understanding-30 Higher Order-10
	Pro-social behavior - Theoretical explanation. Altruism and Helping behavior	The concept of empathy	Match the following, Quiz, Demonstration		<u>Understanding Based</u> -Compare the different approaches to aggression. -Classify the barriers to communication.	
	Personal and Situational determinants and Bystander effects	Social behaviour in presence of others/ diffusion of responsibility	PPT and Flow Charts		<u>Higher Order Thinking Skills Based</u> -Assess the influence of environmental conditions on	
APR	UNIT II Communication – Definition, Types, Process, Barriers of communication.	The importance of language and communication in social settings	Diagrams, Flow Chart and PPT	To assess the		

Dr. Asha
Head

Department of Psychology
 Sophia Girls' College
 (Autonomous), Ajmer.



	Aggression – Theoretical perspective: Trait, Situational and Social learning approaches.	Emotions and temperament	Diagrams, Models and PPT	concepts communication and aggression.	behaviour. -Critically evaluate cognitive dissonance theory.	
	Personal and social determinants of aggression. Control and Prevention of aggression	The meaning of Positive psychology	Self analysis through experiment and PPT			
MAY	UNIT III Environmental Psychology: Introduction. Personal space and Territoriality, Crowding,	Applications of Psychology	PPT and group Discussion	To support (test) the theories of Environmental and Health Psychology.		
	Influence of environmental conditions on behaviour (noise and pollution). Intervention for environment management.	Psychological effect of adverse environmental conditions	PPT and Demonstration			
	Health Psychology: Introduction and Aims	Bio- Psycho- Social model and eclectic approach	PPT and group discussion			

Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Asha
Head
Department of Psychology
Sophia Girls' College
(Autonomous)



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
DEPARTMENT OF PSYCHOLOGY

STATISTICS IN PSYCHOLOGY –II (PAPER I) (PSY-401)

B.A II (SEMESTER IV)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)
Credit: 03

COURSE PLAN

SEM IV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III MAR	Unit I Correlations – Concept and types;	Concept of Association	PPT , e- content and flow chart	To compare different types of correlation methods.	<u>Knowledge Based</u> -What is rank order correlation? -What are the assumptions of ANOVA?	Knowledge--50 Understanding-35 Higher Order-15
	Pearson's Product Moment Correlation and Spearman's Rank Order Correlation; (computation)	Types of Scales	PPT, computing correlation and Demonstration			
	Familiarity with other correlation methods – Biserial & Point biserial correlation (only theory)	Variables, artificial and natural division of variables.	Demonstration and computing correlation		<u>Understanding Based</u> -Estimate correlation for the following distribution. -Distinguish between independent and dependent t test?	
APR	UNIT II Hypothesis testing and making inferences. Concept of Levels of significance, Degree of Freedom.	Difference between inferential and descriptive statistics	PPT and e- content	To evaluate the concept of inferential statistics.		
	Standard Error of Mean, Nature and Assumption of 't' distribution;	Concept of population and sample.	Lecture		<u>Higher Order Thinking Skills Based</u>	

Dr. Asha
Head

Department of Psychology
Sophia Girls' College
(Autonomous) Ajmer

12



	Computation of 't' value for Dependent & Independent, Large & Small samples; Interpretation of 't' values.	Types of experimental design	Lecture, videos and computing t value.		-Elaborate the application of SPSS in psychology. -Calculate t value for the following data.	
MAY	UNIT III Anova – Purpose and Assumptions(Only theory).	Comparison, concept of independent and interactive effect of variables.	PPT and group discussion.	To assess non-parametric tests and SPSS		
	Non-parametric tests – Nature and Assumptions, Chi-square, (meaning and computation)	Normal Distribution and sample description	PPT and videos			
	Uses of SPSS in Psychological Statistics.	Importance of software packages in research.	PPT and demonstration using the software			

Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Asha
Head
Department of Psychology
Sophia Girls' College
(Autonomous) Ajmer



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
DEPARTMENT OF PSYCHOLOGY

DSE- (A) ORGANISATIONAL BEHAVIOUR-II (PAPER II) (PSY- 602)

B.A III (SEMESTER VI)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEMVI Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI MAR	Employee Training – Meaning, Importance, Methods and improving effectiveness of training.	Employee Training and skill development	PPT, group discussion and Case Studies	To explain the effect of employee training and leadership in an organization.	<u>Knowledge Based</u> -Define Leadership -What are OD interventions? <u>Understanding Based</u> -Examine negotiation strategies with the help of examples. - Differentiate between different theories of leadership.	Knowledge--40 Understanding-35 Higher Order-25
	Leadership – Concept, Definitions, Trait, Behavioral and Contingency theories of leadership. Leader effectiveness.	Leadership and growth of a organisation	PPT, Videos, group discussion and Case Studies		<u>Higher Order Thinking Skills Based</u> -Explain Employee Training Programs with their advantages. -Discuss the	
APR	Organizational change – Nature, Forces and approaches to change management, skills in managing change.	Organizational change and probability of success	PPT, Flowchart, group discussion and Case Studies	To identify the different approaches leading to organizational change and		

Dr. Asha
Head
Department of Psychology
Sophia Girls' College
(Autonomous), Ajmer

14



	Organizational development: Meaning and OD Intervention techniques,	Development and adaptation	Group discussion and Case Studies	development.	stress.	
MAY	Conflict – concept, process and sources.	Conflict and resolution	PPT, group discussion and Case Studies	To inspect the process of conflict, negotiation and work stress		
	Negotiation – strategies, process and issues.	Negotiation and persuasion	PPT, group discussion and Case Studies			
	Work stress – concept, sources, consequences and management.	Stress and human resource management	PPT, Videos, group discussion and Case Studies			

Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Ashe
Head
Department of Psychology
Sophia Girls' College
(Autonomous) Ajmer



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

DEPARTMENT OF PSYCHOLOGY

DSE (B) COUNSELING PSYCHOLOGY-II (PAPER II) (PSY- 602)

B.A III (SEMESTER VI)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEMV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI MAR	UNIT I Issues faced by the therapist: Dealing with anxiety, disclosing oneself,	Anxiety and disclosure.	PPT, group discussions and Case Studies, you tube videos	To enumerate the issues faced by the counselor.	<u>Knowledge Based</u> -Define Counseling -What is ACA?	Knowledge--40 Understanding-35 Higher Order-25
	avoiding perfectionism, being honest with client, understanding silence, dealing with demanding and uncommunicative clients,	Dealing with clients.	PPT and Demonstration		<u>Understanding Based</u> -Examine the purpose of counselling today's era? - Discuss the process of counselling ?	
	accepts slow results, learning our limits, avoiding losing oneself in our clients, establishing realistic goals.	Concept of resistance and transference	PPT, videos and Case Studies		<u>Higher Order Thinking Skills Based</u> -Explain the role of communication in counselling? -Discuss the skills requires by a counsellor?	
UNIT II APR	Strategies and techniques of counseling: Individual Counseling, Group Counseling: Need assumptions, types, processes, appraisal, therapeutic forces in a counseling group and its limitations.	Purpose and application of counselling	PPT and discussion of Case Studies	To examine the strategies and techniques of counseling		
	Peer Counseling: Issues, appraisal,	Group – meaning and functions	PPT, group discussion and Case			

Dr. Asha
Head
Department of Psychology
Sophia Girls' College
(Autonomous), Ajmer

16



	feasibility, identification, training of peer group as peer facilitator.		Studies			
UNIT III MAY	Counseling Applications: Special Areas in Counseling: a) Educational Counseling b) Vocational and Career Counseling		PPT, group discussion and Case Studies	To appraise the applicability of counseling in today's era.		
	Child Counseling; Family Counseling; Crisis Intervention: suicide, grief, and sexual abuse		PPT, group discussion and Case Studies			

Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Asha
Head
Department of Psychology
Sophia Girls' College
(Autonomous) Ajmer



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 303)

B.A I (SEMESTER III)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III SEPT- OCT	1. Test construction Development of a test of at least 30 items in a suitable area using following steps- <ul style="list-style-type: none"> Item selection Population selection Sampling techniques to administer the test (sample of minimum 50) Finalization of the test 	Concept and principles related to psychological test construction such as identification of the topic, sub dimensions and item writing	PPT, lecture and discussion	To construct a psychological test.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Item writing <u>Higher Order Thinking Skills Based</u> - Calculate and evaluate reliability of the test constructed? -Viva Voce	Knowledge--50 Understanding-35 Higher Order-15
	<ul style="list-style-type: none"> Determining Reliability and Validity Writing a report on the test construction 	Principles related to test standardization	Primary data collection of a sample of 50			
NOV	2. Personality Analysis by 16 PF			To interpret personality with the help of 16 Personality Factors.		

Sr. Pearl
 PRINCIPAL
 SOPHIA GIRLS' COLLEGE
 (AUTONOMOUS)
 AJMER

Dr. Asha
 Head
 Department of Psychology¹⁸
 Sophia Girls' College
 (Autonomous), Ajmer



**SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 403)**

B.A I (SEMESTER IV)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM IV MAR	1. Analysis of published research • Review of an article from a journal for methodology.			To analyze a published research study	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Summarize the elements of the empirical research study chosen. <u>Higher Order Thinking Skills Based</u>	Knowledge--50 Understanding-35 Higher Order-15
APR	2. Assignment/activity related to Psychological Testing in consultation with the Teacher.			To plan an assignment / activity related to Psychological testing	- Interpret the results acquired by the administration of psychological test ? - Discuss the results achieved by the conduction of Psychological experiment? -Viva Voce	
MAY	3. Analysis of psychologically relevant literary text A. Read literary / creative writing – Novel / Story / Book / Poem/ Movie B. Identify and Analyze psychological substance in it (mood, emotion, anxiety, conflicts, stresses.)	Basics of Psychology attributes		To critique psychologically relevant literacy text		

Sr. Pearl

PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Asha

Head 19
Department of Psychology
Sophia Girls' College
(Autonomous), Ajmer



SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 503)

B.A I (SEMESTER V)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM V					<u>Knowledge Based</u> Practical File Work	Knowledge--40
SEPT- OCT	I. Developing case account (one) <ul style="list-style-type: none"> Study, making relevant observation, reporting his speech (verbal/non-verbal) and conduct interviews, obtain background information of factors leading to present problem Analysis & drawing valid inferences. 	Principles related to Case study	Online internship classes, e content discussion of cases	To prepare a case study	<u>Understanding Based</u> Report writing. <u>Higher Order Thinking Skills Based</u> - Suggest ways to treat psychological disorders	Understanding-35 Higher Order-25
NOV- DEC	<ul style="list-style-type: none"> Propose plan of research by taking into consideration <ol style="list-style-type: none"> The variable to be studied Sampling procedures Instruments to be used / constructed Statistical analysis to be conducted 		Online survey, report writing	To propose a research study	- illustrate the steps for report writing -Viva Voce	

Dr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Asha
Head
20
Department of Psychology
Sophia Girls' College
(Autonomous), Ajmer



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 603)

B.A I (SEMESTER VI)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI MAR- APR	1. Research Project: <ul style="list-style-type: none"> Take up a short project (individually or jointly) on the issue of their interest under the supervision of the teacher. The research done can be either empirical or data based. 	Concept of research methodology	Lecture and Discussion Online surveys Report writing	To design and conduct a mini research.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Summarize the elements of the empirical psychological research done.	Knowledge--40 Understanding-35
MAY	<ul style="list-style-type: none"> Follow a methodological approach (experimental / survey / observation / use of secondary data). Write a report 				<u>Higher Order Thinking Skills Based</u> - Interpret the results acquired by the administration of research. - Discuss the limitations and applications of the research undertaken. -Viva Voce	Higher Order-25

Sr. Pearl
 PRINCIPAL
 SOPHIA GIRLS' COLLEGE
 (AUTONOMOUS)
 AJMER

Dr. P. S. Ch
 Head
 Department of Psychology
 Sophia Girls' College
 (Autonomous), Ajmer

21



OCT	UNIT II Prejudices-Nature, Components, Acquisition and Reduction of Prejudices	Mental schemas and stereotypes	Self analysis through activity and Case study with respect to Indian setting	To evaluate social phenomenon: - Stereotypes, Prejudice, Attribution and Interpersonal Attraction	-Critically evaluate the concepts of Social Influence.	
	Stereotypes. Attribution of causality – Theories and Biases.	Concept of causality	Case study with respect to Indian setting			
NOV	Interpersonal attractions and its determinants	Nature and the concept of human/ social relationship	Flow chart, self analysis through activity and PPT			
DEC	UNIT III Group: Definition and Functions.	The concept of nature and formation of social groups social groups	PPT and group discussions	To compare different types of social influence.		
	Behaviour in the presence of others: Social facilitation, Social inhibition, Social loafing, De-individuation	The nature of behaviour in the presence of others	PPT, Self Analysis through activity and analysis of previous studies			
JAN	Social Influence: Conformity (The Sheriff and the Asch Study), cohesiveness, group size, Social norms, obedience and social modeling.	The concept of social influence	PPT, Case Studies and explanation through previous studies			

Sr. Pearl
PRINCIPAL
SOPHIA GIRLS' COLLEGE
(AUTONOMOUS)
AJMER

Dr. Asha
Head
Department of Psychology
Sophia Girls' College
(Autonomous)