



SOPHIA GIRLS' COLLEGE(AUTONOMOUS), AJMER

SOPHIA GIRLS' COLLEGE (*AUTONOMOUS*), AJMER
DEPARTMENT OF PSYCHOLOGY



COURSE PLAN
(Session 2022-23)

Name of the Faculty

DR. CHRISTINA DAVIDSON

COURSE_PLAN_2022-23_DR_CHRISTINA_DAVIDSON



SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
COURSE PLAN- 2022-23
DEPARTMENT OF PSYCHOLOGY
DR. CHRISTINA DAVIDSON

B.A II (SEMESTER III)

PSYCHOLOGICAL ASSESSMENT (PAPER II) (PSY-302)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM III Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III JULY	Unit I Human assessment Nature and scope. Principles of Psychological Test Construction: Steps in test construction,	Assessment of psychological concepts	PPT and group discussion	To point out the meaning and purpose of statistics in Psychology.	Questions <u>Knowledge Based</u> -Define content validity. -Explain the different types of tests on the basis of administration. <u>Understanding Based</u> -Examine the importance of psychological testing in guidance and counselling setup. - Differentiate between speed	Knowledge--50 Understanding-35 Higher Order-15
	Uses, Limitations & Precautions of psychological tests.	Advantages of measurement.	Flipped Classroom			
	Meaning and types: Reliability, Validity, Test norms.	Criterion for a standardised test	PPT, E-content			
AUGUST- SEPT	UNIT II Assessment techniques: (Meaning with examples) 1) Types of Tests: Individual and Group, Speed and Power tests.	Measurement techniques	PPT and group discussion	To evaluate various psychological assessment techniques.		

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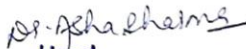
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	2) Assessment of Intelligence: Verbal, Non-Verbal, Performance tests	Assessing Intelligence in various settings	PPT, demonstration and Lecture		and power tests with examples. <u>Higher Order Thinking Skills Based</u> -Elaborate the use of tests in educational settings.	
	3) Assessment of Personality: Psychometric and Projective Techniques.	Assessing Personality	PPT, Lecture, E-Content			
OCT- NOV	UNIT III Application of Psychological Testing: Assessment in Educational Setup (Meaning with examples)	Use of tests in education sector.	PPT , E- content	To inspect the application of Psychological testing in various settings.	-Assess the factors affecting the reliability of a test.	
	Counseling and Guidance (Meaning with examples)	Use of tests in Counselling and Guidance.	PPT, Quiz			
	Organizational Setup (Meaning with examples)	Use of tests in organisational sector.	PPT, Group discussion			


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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
COURSE PLAN- 2022-23
DEPARTMENT OF PSYCHOLOGY
DR. CHRISTINA DAVIDSON
ABNORMAL PSYCHOLOGY-I (PAPER I) (PSY- 501)

B.A III (SEMESTER V)

Max. Marks :75 (50Ext; 25 Int)


Min. Marks: 30(20 Ext;10 Int)
Credit: 03

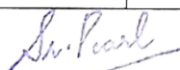
COURSE PLAN


SEM/V Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM V JULY	UNIT I Introduction: Abnormal Psychology. Normality (Concept and characteristics). Concept of Psychopathology, Abnormality (Definitions and characteristics)	Concept of Normality and Abnormality in social context	PPT and group discussion	To reinterpret the concept of normality and abnormality in one's daily life.	<u>Knowledge Based</u> -Define psychopathology. -Explain the Biological causes of abnormal behaviour.	Knowledge--40 Understanding-35 Higher Order-25
	DSM (Introduction), Diagnostic Classification of Abnormal Behavior according to DSM- IV TR with special reference to changes made in DSM V	Classification of Disorders	PPT and flow chart		<u>Understanding Based</u> -Examine Systematic Desensitization and Cognitive Therapy. - Differentiate between clinical psychologist and psychiatrist.	
	Mental Health Professionals.	Career Options in Mental Health	PPT, E-content			

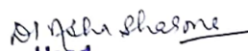
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	AUGUST- SEPT	UNIT II Psychological Models of Psychopathology: (Introduction, Meaning, Treatment) Psychodynamic, Behavioral, Cognitive. Humanistic and Existential. Causes of abnormal behavior. (Biological, Psychosocial, Sociocultural)	Different Models to understand abnormal behaviour and plan their treatment Different Models to understand abnormal behaviour and plan their treatment Causality of abnormality	PPT, Case studies PPT, Lecture PPT, E-content	To distinguish between the different models of psychopathology. To assess anxiety and mood disorders with the help of case studies	<u>Higher Order Thinking Skills Based</u> -Design a treatment plan for treating Generalized Anxiety Disorder. -Assess the symptoms and causes of Major Depressive Disorder.	
	OCT- NOV	UNIT III Anxiety Disorders – Generalized Anxiety Disorder, Panic disorder, Phobias, Obsessive Compulsive Anxiety disorder, Post- traumatic stress disorder (clinical symptoms and causes) Mood Disorder – Unipolar Disorder: Dysthymia, Major Depressive Disorder. Bipolar Disorder: Bipolar I, Bipolar II and Cyclothymic disorder. (clinical symptoms and causes)	Understanding the concept of anxiety disorders Understanding the concept of mood disorders	PPT, Case studies, role playing PPT, Case studies, group discussions			


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DEPARTMENT OF PSYCHOLOGY
DR. CHRISTINA DAVIDSON
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 503)

B.A I (SEMESTER V)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM V JULY - SEPT	<ol style="list-style-type: none"> 1. Developing case account (one) <ul style="list-style-type: none"> • Study, making relevant observation, reporting his speech (verbal/non-verbal) and conduct interviews, obtain background information of factors leading to present problem Analysis & drawing valid inferences. 	Principles related to Case study	Online internship classes, e content discussion of cases	To prepare a case study	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Report writing. <u>Higher Order Thinking Skills Based</u>	Knowledge--40 Understanding-35 Higher Order-25
OCT	<ul style="list-style-type: none"> • Propose plan of research by taking into consideration <ol style="list-style-type: none"> i. The variable to be studied ii. Sampling procedures iii. Instruments to be used / constructed • Statistical analysis to be conducted 	Elements related to research designs and sampling techniques	Online survey, report writing	To propose a research study	- Suggest ways to treat psychological disorders - Illustrate the steps for report writing	
NOV	<ul style="list-style-type: none"> • Field Visits 	Rapport building and observational skills	Experiential Learning	To facilitate practical knowledge and exposure through field visits and internships	-Viva Voce	

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
COURSE PLAN (SESSION 2022-23)
DEPARTMENT OF PSYCHOLOGY
DR. CHRISTINA DAVIDSON

B.A II (SEMESTER IV)

RESEARCH METHODOLOGY (PAPER II) (PSY-402)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM IV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
Jan.	UNIT I	Importance of research in Psychology.	PPT and group discussion	To appraise Psychological Research.	Questions <u>Knowledge Based</u> -Define hypothesis. -Explain the different tools of data collection. <u>Understanding Based</u> -Explain the characteristics of Applied Fundamental research. - Differentiate between quantitative and qualitative psychological research.	Knowledge--50 Understanding-35 Higher Order-15
	Characteristics of Scientific method and Research.	Nature of research	Blended Learning			
	Nature of psychological research: Quantitative and Qualitative.	Concept of psychological research and experiments	PPT, videos and Flow Charts			
Feb.	UNIT II	Ways of collecting data	PPT and group discussion	To critique different types of Research.		
	Tools of Data Collection – Observation, interview, questionnaire, survey, schedule. Types of Research: Applied, Fundamental, Quantitative, Qualitative,	Major ways of conducting a research	PPT, demonstration, Lecture and examples of previous studies			

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March -
April

Experimental, Ex-post facto, Longitudinal, Cross sectional research	Major ways of conducting a research	PPT, E-content, case studies			
UNIT III Basic Principles of Experimental designs: Experimental designs: Pre – Post test design, Factorial design and randomized design and randomized block design.	Blueprint of a research	PPT and group discussion	To construct experimental designs used in Behavioural Sciences.	<u>Higher Order Thinking Skills Based</u> -Design a Pre – Post experimental research design with variables of your choice. -Assess the different types of Non-probability sampling methods.	
Sampling – Meaning and Types (Probability & Non-probability sampling)	Selecting the subjects for a research	PPT and examples of previous studies			
Sample size and Sample errors. Steps in report writing.	Documentation of research.	Videos and PPT			

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COURSE PLAN (SESSION 2022-23)
DEPARTMENT OF PSYCHOLOGY
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B.A III (SEMESTER VI)

ABNORMAL PSYCHOLOGY-II (PAPER I) (PSY- 601)

Max. Marks :75 (50Ext; 25 Int)


Min. Marks: 30(20 Ext;10 Int)
 Credit: 03

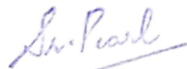
COURSE PLAN


SEM VI Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI <i>Jan-Feb</i>	Schizophrenia – Concept, Clinical picture, Types, Causes, Symptoms and Treatment.	Understanding the concept of Schizophrenia	PPT, group discussion and Case Studies	To illustrate Schizophrenia and Substance related disorders.	<u>Knowledge Based</u> -What is ADHD? -Explain the Clinical picture of Schizophrenia.	Knowledge--40 Understanding-35 Higher Order-25
	Disorder due to psychoactive substance use – Alcohol and Narcotics (their effects and treatment)	Understanding the concept of Substance Abuse	Flow Chart, group discussion and Case Studies		<u>Understanding Based</u> -Examine disorders due to psychoactive substance use. - Differentiate between Cluster A and Cluster C personality disorders.	
<i>March</i>	Personality Disorder – Concept and clinical picture; Cluster A: Paranoid, Schizoid;	Understanding Personality Disorders	Flowchart, group discussion and Case Studies	To summarize various Personality Disorders.	<u>Higher Order Thinking Skills Based</u> -Design an intervention plan	
	Cluster B: Borderline, Antisocial;	Understanding Personality Disorders	Flowchart, group discussion and Case Studies			
	Cluster C: Dependent Personality, Obsessive compulsive disorder.	Understanding Personality Disorders	Flowchart, group discussion and			

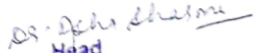
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 <i>April</i>	(Clinical symptoms and causes) Disorders of Childhood: Attention Deficit Hyperactivity Disorder and Autism (Clinical symptoms and causes)	Understanding the concept of ADHD and Autism	Case Studies PPT, Case Studies	To distinguish among various Childhood Disorders.	for treating an Autistic child. -Assess the concept and clinical picture of Cluster A personality disorders.	
	Intellectual Disability: Concept, Types, Causes and Prevention.	Understanding the concept of Mental Retardation	Videos, group discussion and Case Studies			


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DEPARTMENT OF PSYCHOLOGY
DR. CHRISTINA DAVIDSON

B.A III (SEMESTER VI) PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 603)

Max. Marks: 50 (40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)
 Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI <i>Jan - Feb.</i>	1. Research Project: <ul style="list-style-type: none"> Take up a short project (individually or jointly) on the issue of their interest under the supervision of the teacher. The research done can be either empirical or data based. 	Concept of research methodology	Lecture and Discussion Online surveys Report writing	To design and conduct a mini research.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Summarize the elements of the empirical psychological research done. <u>Higher Order Thinking Skills Based</u> - Interpret the results acquired by the administration of research. - Discuss the limitations and applications of the research undertaken. -Viva Voce	Knowledge--40 Understanding-35 Higher Order-25
<i>March - April</i>	<ul style="list-style-type: none"> Follow a methodological approach (experimental / survey / observation / use of secondary data). Write a report 					

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
COURSE PLAN (SESSION 2022-23)
M.A. PSYCHOLOGY (PREVIOUS)
SEMESTER I

DR. CHRISTINA DAVIDSON

PAPER III –NEURO PSYCHOLOGY –I (PSYM-103)

Max. Marks: 100 (70 Ext; 30 Int)

Min. Marks: 40 (28 Ext; 12 Int)

Credit: 06

COURSE PLAN

SEM/ Month	Unit/Topic	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I SEPT-OCT	UNIT - I Introduction to Neuropsychology Definition. History of Neuropsychology (Brief Introduction) Methods/ Techniques Laterality	Neuro Psychology and Brain functioning.	PPT, E- content, Interactive Lecture	Understand the foundations of Neuro Psychology	<u>Knowledge Based</u> -What is ablation technique? -Define neuropsychology. <u>Understanding Based</u> - Explain the sub cortical structure influencing Attention process. - Evaluate the neuropsychological basis of LTM and STM.	Knowledge-25 Understanding-45 Higher Order-30
	Neuroanatomy Structure and Functions - Neurons, CNS, PNS and Neurotransmitters	Functions of different parts of nervous system.	PPT, E- content, Flipped class			
NOV	UNIT - II Neuropsychology of Attention Sub Cortical Structure influencing Attention	Neuro Psychology of Attention	PPT, Online Quiz , Analysis of attentional	Explain the neuropsychological	<u>Higher Order Thinking Skills Based</u>	

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	Cerebral Cortex and Attention; Disorders of Attention		experiments, case studies	basis of attention and perception	- Explain REM Sleep and Disorders of Sleep. - Elaborate on the Disorders of Sensory and Perceptual processes.	
	Neuropsychology of Sensory and Perceptual Processes Sensory and Perceptual Processes - Visual, Auditory and Somatosensory Neuropsychology of Motor Skills Disorders of Sensory and Perceptual Processes	Neuro Psychology of Perceptual processes.	PPT, Group Discussion, discussion of real life examples			
DEC	UNIT – III Neuropsychology of Memory Neuropsychological Basis of LTM, STM and Working Memory Disorders of Memory	Neuro Psychological explanation to Memory and Consciousness	PPT, Group Discussion,	Discuss the neuropsychological basis of memory, sleeping and waking		
	Neuropsychology of Sleeping and Waking Psychological and Neurobiological aspects Disorders of Sleep		Project Based Learning			

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COURSE PLAN (SESSION 2022-23)
M.A. PSYCHOLOGY (PREVIOUS)
SEMESTER I
DR. CHRISTINA DAVIDSON
PAPER V –PRACTICALS (PSYM-105)

Max. Marks: 100 (70 Ext; 30 Int)

Min. Marks: 40 (28 Ext; 12 Int)

Credit: 06

COURSE PLAN

SEM/ Month	Unit/Topic	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I SEPT-OCT	Personality – Self Report Inventory (any 1) Personality – Projective Test (any 1) Experiment – Forgetting Curve	Psychological tests and its related elements such as reliability, validity, norms etc.	PPT, Audio Visual Tutorials	Conduct and administer psychological experiments and tests.	<u>Knowledge Based</u> Practical File work <u>Understanding Based</u> Report writing of psychological test	Knowledge-20 Understanding-40 Higher Order-40
NOV	Test of Adjustment Test of Emotional Intelligence Plan Research Study on any two of the following Research Designs :- i. Exploratory Design ii. Descriptive Design iii. Diagnostic Design iv. Hypothesis testing Design	Psychological tests and its related elements such as reliability, validity, norms etc. Research designs.	PPT, Problem Solving Activities, Project based	Apply different research designs to plan research proposal	<u>Higher Order Thinking Skills Based</u> -Interpret the results acquired by the administration of psychological tests - Discuss the reliability and validity of the administrated psychological tests	
DEC	Outreach Programme (Volunteer Services) for a duration of 7-10 days in any one of the following psychologically relevant settings:-	Acquiring knowledge regarding rapport building and	Experiential Learning	Sensitize students to understand the concerns related to	-Viva Voce	

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- i. Schools
- ii. N.G.O.
- iii. Old Age Homes
- iv. Inclusive institutions
- v. Orphanages etc.

understanding
empathy

special population

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
COURSE PLAN (SESSION 2022-23)
M.A. PSYCHOLOGY (PREVIOUS)
SEMESTER II

DR. CHRISTINA DAVIDSON

PAPER III – NEURO PSYCHOLOGY–II (PSYM-203)

Max. Marks: 100 (70 Ext; 30 Int)

Min. Marks: 40 (28 Ext; 12 Int)

Credit: 06

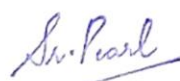
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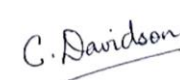
SEM/ Month	Unit/Topic	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM II <i>Feb.</i>	UNIT - I Language: Language systems in the brain, Hemispheric Specialization Brain Mechanisms of Speech Comprehensions and Production Disorders of language and auditory perception	Psycholinguistics and language development	PPT, Audio Visual Tutorials	Understand components of language and neuropsychological correlates of emotion and motivation.	<u>Knowledge Based</u> -What is Motivation? -What are Endocrine glands? <u>Understanding Based</u> -Illustrate the role of hypothalamus and limbic system in emotions. - Discuss the importance of neuro psychological rehabilitation. <u>Higher Order Thinking Skills Based</u> - Explain the effect of	Knowledge-25 Understanding-45 Higher Order-30
	Neuropsychological Correlates of Motivation and Emotion: Hypothalamus and Limbic System in Emotions Stress, Emotionality and Endorphins Role of sub- cortical and cortex in emotional states, Disorders of emotions	Psychological explanation to motivation and emotions	PPT, Interactive Lecture, Online Quiz			

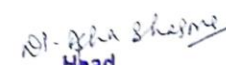
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March	Motivation – Chemical senses of taste and smell, Hypothalamic factors in eating and mechanisms of drinking				hormones on human behaviour - Explain the signs and symptoms of disorders related to emotions	
	UNIT – II Hormones and Behavior: Mechanism of Hormone Action Main Endocrine Glands and Their Hormones Effects of Hormones on Learning and Memory	Effect of hormones on behaviour	PPT, Problem Solving Activities, Project based	Illustrate the effect of hormones on behavior, learning and memory		
April	UNIT – III Applications of Neuropsychology: Neuropsychological Rehabilitation - Theoretical approaches to cognitive rehabilitation, brain injury and psychological problems, issues and intervention, Neuro-rehabilitation strategies for people with Neuro-degenerative disorders, Psychopharmacology	Concept of neuropsychological rehabilitation	PPT, Flipped Classroom	Evaluate neural developmental disorder and theoretical approaches to rehabilitation.		
	Neural development and Developmental Disorders	Clinical picture of neuro developmental disorders	PPT, Group Discussion			


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