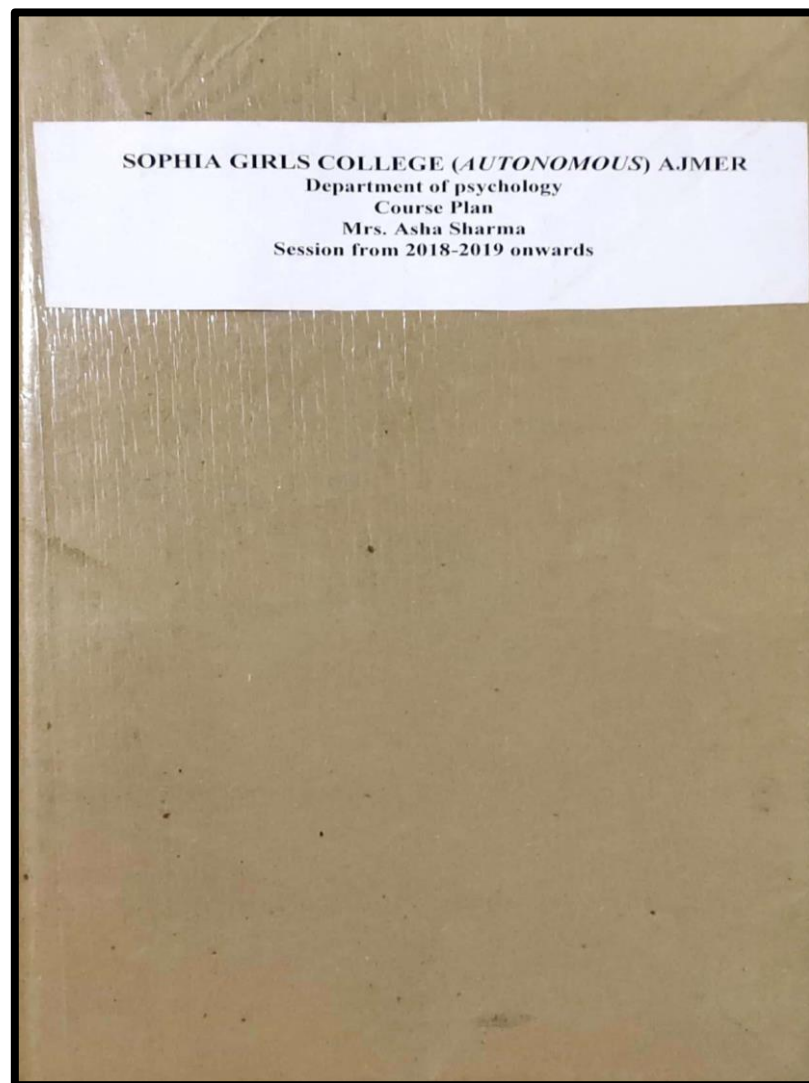




SOPHIA GIRLS' COLLEGE(AUTONOMOUS), AJMER





SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

COURSE PLAN

Session 2020-21

Department of Psychology

Dr. Asha Sharma

B.A I (SEMESTER I)

Max. Marks :75 (50Ext; 25 Int)

BASIC PSYCHOLOGICAL PROCESSES-I (PAPER I) (PSY-101)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM I Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM I End of AUGUST- SEPT	UNIT I Definition, Nature and Scope of Psychology. Goals of Psychology.	Origins of Psychology, psychology as a science	PPT, lecture method, e content, and group discussions	To examine the major perspectives of Psychology.	<u>Knowledge Based</u> -Define the goals Psychology -Explain the gestalt perspectives of Psychology?	Knowledge--60 Understanding-30 Higher Order-10
	Historical Perspectives in Psychology: Structuralism, Functionalism, Gestalt, Psychoanalysis.				<u>Understanding Based</u> -Evaluate Interview and Observation as the method of data collection? -Differentiate between parasympathetic and sympathetic nervous system	
	Modern Perspectives in Psychology: Behavioral, Humanistic, Cognitive, Evolutionary, Socio-cultural and Multi cultural.	Subject matter of psychology according to different perspectives	Quiz, presentation and explanation through detailed study of previous experiments and videos			
	Methods of psychology: Experiment, Observation, Interview, Questionnaire, Case Study, Survey	Scientific methods of data collection	Explanation through psychological tests			



	Meta analysis		and experiments			
OCT- NOV	UNIT II Genes and behavior. (Introduction).Nervous System – Neuron: Structure, function, Synapse, Neurotransmitters.	Evolution and behaviour	Learning through examples and prior studies and group discussion	To illustrate the effect of neural mechanisms on human behaviour.	<u>Higher Order Thinking Skills Based</u> -Justify the relationship of genes and behaviour -Reflect upon the role of hormones on behaviour	
	The Central Nervous System: The Brain & the Spinal Cord (Structure and Function). Peripheral Nervous System: Autonomous Nervous System, Somatic Nervous System. (Introduction)	Biological and psychological bases of behaviour	Demonstration through Diagrams And lecture method			
	Endocrine glands: Hormones and their effects on behavior. Sensory – Perceptual processes. Eye and Ear: structure and functions	Hormones and behaviour and the concept of sensation and perception	Demonstration through diagrams and PPT			
DEC- JAN	UNIT III Attention: Definition, nature & determinants of Attention. Selective Attention, Sustained Attention.	Psychological basis of attentional process	Demonstration through real life examples and previous studies	To assess the concepts of sensory and perceptual processes of human beings		
	Perception: Definition, determinants, Perceptual constancies (size, shape and brightness). Organizing Principles of perception. Form and Depth perception.	Difference between sensation and perception, concept of illusion and delusions	PPT, Demonstration through daily life examples			
	Thinking: Nature and types of Thinking. Problem Solving: Meaning and Nature of Problem Solving, Methods of Problem Solving	The concept of cognition and problem solving	PPT and chalk and board method			

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

Department of Psychology

STATISTICS IN PSYCHOLOGY –I (PAPER I) (PSY-301)

B.A II (SEMESTER III)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN


SEM III Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III JULY- AUGUST	Unit I Meaning and Purpose of Statistics. Types of statistics: Descriptive and Inferential Statistic..	Need for Statistics in Psychology	PPT and explanation with examples	To point out the meaning and purpose of statistics in Psychology.	<u>Knowledge Based</u> -Define Inferential statistics -What is ogive?	Knowledge--50 Understanding-35 Higher Order-15
	Application and Importance of statistics in psychology. Drawing of frequency distribution.	Concept of raw data and frequency.	PPT and Demonstration		<u>Understanding Based</u> -Estimate the standard deviation for the following distribution. -Plot a histogram for the following data.	
	Graphical representation of grouped data: Histogram, Frequency Polygon, cumulative frequency graph, Ogive.	Basic meaning of graph making	Demonstration and graph plotting		<u>Higher Order Thinking Skills Based</u> -Assess the importance of statistics in	
SEPT- OCT	UNIT II Significance and Types of central tendency – Mean, Median and Mode. (computation and uses)	BODMAS	Lecture, videos and computing the central tendency	To measure types of central tendency and variability.		
	Significance and Types of Variability: Range (Computation and uses)	BODMAS, Concept of psychological data	Lecture, videos and computing variability			

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	Quartile deviation, Standard deviation. (computation and uses)		Lecture, videos and computing Quartile and Standard deviation.		Psychology -Calculate median and quartile deviation for the following data.	
NOV- DEC	UNIT III Scales of Measurement. Nominal, Ordinal, Interval and Ratio.	Scaling, fundamental and applied science	PPT and group discussion.	To evaluate scales of measurement and NPC		
	Parametric and non parametric statistics (Introduction)	Probability and nature of inferential statistics.	PPT and videos			
	Properties and characteristics of normal probability curve and Deviations – Skewness and Kurtosis.	Probability, Population, Sample and Level of confidence.	PPT and demonstration			


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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

Department of Psychology

PSYCHOLOGICAL ASSESSMENT (PAPER II) (PSY-302)

B.A II (SEMESTER III)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM III Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III JULY	Unit I Human assessment Nature and scope. Principles of Psychological Test Construction: Steps in test construction,	Assessment of psychological concepts	PPT, e-content and group discussion	To point out the meaning and purpose of statistics in Psychology.	<u>Questions</u> <u>Knowledge Based</u> -Define scorer reliability. -Explain the different types of validity.	Knowledge-50 Understanding-35 Higher Order-15
	Uses, Limitations & Precautions of psychological tests.	Advantages of measurement.	Group discussion		<u>Understanding Based</u> -Examine non- verbal tests. - Differentiate between speed and power tests.	
	Meaning and types: Reliability, Validity, Test norms.	Criterion for a standardised test	PPT and Flow Charts		<u>Higher Order Thinking Skills Based</u> -Elaborate the use of tests in occupational settings. -Assess the factors affecting the reliability and validity of a test.	

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 303)

B.A I (SEMESTER III)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III JULY	1. Test construction Development of a test of at least 30 items in a suitable area using following steps- <ul style="list-style-type: none"> • Item selection • Population selection • Sampling techniques to administer the test (sample of minimum 50) • Finalization of the test 	Concept and principles related to psychological test construction such as identification of the topic, sub dimensions and item writing	PPT, lecture and discussion	To construct a psychological test.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Item writing <u>Higher Order Thinking Skills Based</u> - Calculate and evaluate reliability of the test	Knowledge--50 Understanding-35 Higher Order-15



AUGUST	<ul style="list-style-type: none">Determining Reliability and ValidityWriting a report on the test construction	Principles related to test standardization	Primary data collection of a sample of 50	To critique psychologically relevant literacy text.	constructed?	-Viva Voce
SEPTEMBER-OCTOBER	<p>2. Analysis of psychologically relevant literary text</p> <p>A. Read literary / creative writing – Novel / Story / Book / Poem/ Movie</p> <p>B. Identify and Analyze psychological substance in it (mood, emotion, anxiety, conflicts, stresses.)</p>	Basics of Psychology attributes				

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

Department of Psychology

ABNORMAL PSYCHOLOGY-I (PAPER I) (PSY- 501)

B.A III (SEMESTER V)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEMV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM V JULY	UNIT I Introduction: Abnormal Psychology. Normality (Concept and characteristics). Concept of Psychopathology, Abnormality (Definitions and characteristics,)	Concept of Normality and Abnormality in social context	PPT, videos and group discussion	To reinterpret the concept of normality and abnormality in one's daily life.	<u>Knowledge Based</u> -Define normality. -Explain the different models of Psychopathology?	Knowledge--40 Understanding-35 Higher Order-25
	DSM (Introduction), Diagnostic Classification of Abnormal Behavior according to DSM- IV TR with special reference to changes made in DSM V	Classification of Disorders	PPT and flow chart		<u>Understanding Based</u> -Examine Systematic Desensitization and Token	
	Mental Health Professionals.	Career Options in Mental Health	Group discussion			

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NOV-DEC	Motivation – Meaning, Theories: Content and Process Theories. Skills involved in motivating workers.	Motivation and efficiency	PPT, group discussion and Case Studies	To assess the importance of motivation and MBO technique in an organization.		
	MBO (Management by Objectives): theoretical explanation.	MBO and performance	PPT, group discussion and Case Studies			
	Employee Involvement programs	Programs for success of an organisation	PPT, group discussion and Case Studies			

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SOPHIA GIRLS' COLLEGE, AJMER (AUTONOMOUS)
PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 503)

B.A I (SEMESTER V)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02


COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM V					<u>Knowledge Based</u> Practical File Work	Knowledge--40
JULY- NOV.	1. Developing case account (one) <ul style="list-style-type: none"> Study, making relevant observation, reporting his speech (verbal/non-verbal) and conduct interviews, obtain background information of factors leading to present problem Analysis & drawing valid inferences. 	Principles related to Case study	Online internship classes, c content discussion of cases	To facilitate practical knowledge or exposure through field visits and internships To prepare a case study	<u>Understanding Based</u> Report writing. <u>Higher Order Thinking Skills Based</u> - Suggest ways to treat psychological disorders - Propose ways to improve work culture	Understanding-35 Higher Order-25



	<ul style="list-style-type: none">Follow a methodological approach (experimental / survey / observation / use of secondary data). Write a report				<ul style="list-style-type: none">Discuss the limitations and applications of the research undertaken. <p>-Viva Voce</p>	
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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER
Department of Psychology
BASIC PSYCHOLOGICAL PROCESSES-II (PAPER I) (PSY-201)
EVEN SEMESTER

B.A I (SEMESTER II)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM II Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM II APRIL	UNIT I Learning: Definition. Classical & Operant conditioning (Basic processes and Experiment). Trial and error theory of learning. Laws of learning. Cognitive learning, Observational learning,	Psychological Bases Of Learning	PPT, quoting real-life examples and explanation through previous studies	To explain psychological bases of learning, memory and forgetting.	<i>Knowledge Based</i> -What is Operant Conditioning? -Illustrate the various theories of motivation?	Knowledge-60 Understanding-30 Higher Order-10
	Memory – Definition and process (Encoding, Storage and Retrieval). Short term and Long term Memory. Mnemonic Methods of retention.	Concept of information processing system and cognitive processing	Quiz, lecture - cum- demonstration and activities		<i>Understanding Based</i> -Explain the causes of forgetting -Differentiate between short tem and long term memory	
	Forgetting – Definition. Causes (Decay, Interference and Retrieval failure theory)	Concept of cognitive processing	Explanation through previous studies and PPT		<i>Higher Order Thinking Skills Based</i> -Assess the various methods of assessment of intelligence	
MAY- JUNE	UNIT II Motivation: Indicators of motivated behavior. Nature and classification of	Psychological explanations of motivation processes	PPT and explanation through previous studies		-Compare the effectiveness of psychometric and projective personality	



	motives – Biogenic and Sociogenic,			To justify theories of motivation and emotion.	tests	
	Theories of motivation: Drive theory, Incentive Theory, Optimal Level Theory, Goal setting Theory and Maslow's Need Hierarchy Theory.	Contents of motivated behaviour	Diagrams, flowcharts, PPT and Quoting real life examples			
	Emotion – Nature and Development. Expression and Control of emotions. Theories of emotion (Cannon-Bard, James-Lange, Schachter-Singer).	The process of socialization and emotions	PPT and Demonstration			
JULY	UNIT III Intelligence – Definition, Determinants, Measurement and theories of intelligence (Spearman, Thurstone, Guilford, Robert Sternberg and Gardner,).	The nature of individual differences and psychometrics	Explanations through previous studies and research	To evaluate aspects of personality and intelligence.		
	Personality – Definition. Trait (Allport's Theory, Cattell's Theory).and Type theories. Psycho-analytical theory by Freud.	Psychological explanation of personality	PPT, Demonstration and learning through previous studies			
	Biological, Psychological and Socio-cultural determinants. Assessment of personality: Personality Inventories and Projective techniques.	The nature of assessment of personality with the help of psychological testing	PPT and explanation through previous studies			

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Department of Psychology

STATISTICS IN PSYCHOLOGY –II (PAPER I) (PSY-401)

B.A II (SEMESTER IV)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEM IV Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM III April	Unit I Correlations – Concept and types;	Concept of Association	PPT , e- content and flow chart	To compare different types of correlation methods.	<u>Knowledge Based</u> -Define Correlation and its types. -What are the assumptions of t distribution?	Knowledge--50 Understanding-35 Higher Order-15
	Pearson's Product Moment Correlation and Spearman's Rank Order Correlation; (computation)	Types of Scales	PPT, computing correlation and Demonstration			
	Familiarity with other correlation methods – Biserial & Point biserial correlation (only theory)	Variables, artificial and natural division of variables.	Demonstration and computing correlation		<u>Understanding Based</u> -Estimate ranl order correlation for the following distribution. -Distinguish between independent and dependent t test?	
May	UNIT II Hypothesis testing and making inferences. Concept of Levels of significance, Degree of Freedom.	Difference between inferential and descriptive statistics	PPT and e- content	To evaluate the concept of inferential statistics.		
	Standard Error of Mean, Nature and Assumption of 't' distribution;	Concept of population and sample.	Lecture		<u>Higher Order Thinking Skills Based</u> -Elaborate the application of	
	Computation of 't' value for Dependent & Independent, Large	Types of experimental design	Lecture, videos and computing t			



	& Small samples; Interpretation of 't' values.		value.		SPSS in psychology. -Calculate t value for the following data.	
June- July	UNIT III Anova – Purpose and Assumptions(Only theory).	Comparison, concept of independent and interactive effect of variables.	PPT and group discussion.	To assess non-parametric tests and SPSS		
	Non-parametric tests – Nature and Assumptions, Chi-square, (meaning and computation)	Normal Distribution and sample description	PPT and videos			
	Uses of SPSS in Psychological Statistics.	Importance of software packages in research.	PPT and demonstration using the software			

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PSYCHOLOGY PRACTICALS (PAPER III) (PSY- 403)

B.A I (SEMESTER IV)

Max. Marks: 50(40Ext; 10 Int)

Min Marks: 20(16 Ext;4 Int)

Credit: 02

COURSE PLAN

SEM Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM IV END OF MARCH - JULY	I. Analysis of published research and planning a study <ul style="list-style-type: none"> Review of an article from a journal for methodology Propose plan of research by taking into consideration <ol style="list-style-type: none"> The variable to be studied Sampling procedures Instruments to be used / constructed Statistical analysis to be conducted. 			To analyze a published research study To propose a research study.	<u>Knowledge Based</u> Practical File Work <u>Understanding Based</u> Summarize the elements of the empirical research study chosen. <u>Higher Order Thinking Skills Based</u> - Interpret the results acquired by the administration of psychological test ? - Discuss the results achieved by the conduction of Psychological experiment?	Knowledge-50 Understanding-35 Higher Order-15



					-Viva Voce	
	2. Assignment/activity related to Psychological Testing in consultation with the Teacher.			To plan an assignment / activity related to Psychological testing		
	3. Personality Assessment using 16 P.F.			To interpret personality with the help of 16 Personality Factors.		

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SOPHIA GIRLS' COLLEGE (AUTONOMOUS), AJMER

Department of Psychology ABNORMAL PSYCHOLOGY-II (PAPER I) (PSY- 601)

B.A III (SEMESTER VI)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEMVI Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI MARCH- APRIL	Disorder due to psychoactive substance use – Alcohol and Narcotics (their effects and treatment)	Understanding the concept of Substance Abuse	Flow Chart, group discussion, e - content and Case Studies	To illustrate Schizophrenia and Substance related disorders.	<u>Knowledge Based</u> -What is Autism? -Explain the different types of Schizophrenia. <u>Understanding Based</u> -Examine Cluster B personality disorders. - Differentiate between Cluster A and Cluster C personality disorders. <u>Higher Order Thinking Skills Based</u>	Knowledge--40 Understanding-35 Higher Order-25
MAY- JUNE	Personality Disorder – Concept and clinical picture; Cluster A: Paranoid, Schizoid;	Understanding Personality Disorders	Flowchart, group discussion, videos and Case Studies	To summarize various Personality Disorders.		
	Cluster B: Borderline, Antisocial;	Understanding Personality Disorders	Flowchart, group discussion and Case Studies			
	Cluster C: Dependent Personality, Obsessive compulsive disorder. (Clinical symptoms and causes)	Understanding Personality Disorders	Flowchart, group discussion and Case Studies			

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					<p>-Design a treatment plan for treating Schizophrenia.</p> <p>-Assess the different types of personality disorders.</p>	
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Department of Psychology

ORGANISATIONAL BEHAVIOUR-II (PAPER II) (PSY- 602)

B.A III (SEMESTER VI)

Max. Marks :75 (50Ext; 25 Int)

Min. Marks: 30(20 Ext;10 Int)

Credit: 03

COURSE PLAN

SEMVI Month	UNIT/TOPIC	Concepts/facts	Teaching Pedagogy	Learning Outcomes	Questions	Marks Weightage (%)
SEM VI					<u>Knowledge Based</u> -Define negotiation. -What are the reactions to job stress?	Knowledge--40 Understanding-35 Higher Order-25
JULY	Conflict – concept, process and sources.	Conflict and resolution	PPT, group discussion and Case Studies	To inspect the process of conflict, negotiation and work stress	<u>Understanding Based</u> -Examine the effectiveness of leadership with the help of examples. - Differentiate between the types of negotiation. <u>Higher Order</u>	



					<u>Thinking Skills Based</u> -Explain organizational development intervention techniques with their advantages. -Discuss the strategies to manage of work stress.	
	Negotiation – strategies, process and issues.	Negotiation and persuasion	PPT, group discussion and Case Studies			
	Work stress – concept, sources, consequences and management. 1	Stress and human resource management	PPT, Videos, group discussion and Case Studies			

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